

Resultado 2ª Etapa Campeonato Capixaba de Triathlon Sprint



Nakoa Triathlon, Itaipava/ES, 19/04/2026. Atualizado em 13/05/2026

Masculino

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISMAEL OLIVEIRA DE JESUS REZENO	M20/24	00:59:47	00:10:44	00:00:34	00:29:16	00:00:49	00:18:24
2	MATHEUS MACHADO AZEVEDO	M30/34	01:01:32	00:11:33	00:00:37	00:31:07	00:00:49	00:17:26
3	LYNNEKHER GENESIS FERNANDES DA SILVA	M35/39	01:01:40	00:12:23	00:00:29	00:31:08	00:00:47	00:16:53
4	DANIEL GUIMARAES GODINHO	M20/24	01:01:58	00:11:20	00:00:28	00:30:15	00:00:46	00:19:09
5	GERARDO PEREIRA LIMA FILHO	M55/59	01:03:54	00:11:09	00:00:46	00:32:05	00:00:44	00:19:10
6	JANDER MARTINS DE OLIVEIRA	M35/39	01:04:34	00:11:44	00:00:35	00:31:41	00:00:44	00:19:50
7	ISRAEL ALCANTARA SERVIM	M16/17	01:06:01	00:12:59	00:00:43	00:32:04	00:00:53	00:19:22
8	ALBERTO DO NASCIMENTO NETO	M40/44	01:06:35	00:12:50	00:00:52	00:31:51	00:00:55	00:20:07
9	CONSTANTEEN HELAL NETO	M45/49	01:07:22	00:13:28	00:00:33	00:31:25	00:00:51	00:21:05
10	OTAVIO CALIMAN DADALTO	M45/49	01:08:41	00:12:37	00:00:36	00:32:47	00:00:54	00:21:47
11	YURI NASCIMENTO NARIYOSHI	M35/39	01:09:00	00:13:31	00:00:41	00:31:48	00:00:57	00:22:03
12	ALESSANDRO FRIZZERA BAUMGARTEN	M40/44	01:10:53	00:14:01	00:00:45	00:33:39	00:00:54	00:21:34
13	RENAN BRANDOLINI CHEQUETTO PEREIRA	M25/29	01:11:05	00:12:58	00:00:51	00:35:32	00:01:28	00:20:16
14	IDELSON CARLOS PENA JUNIOR	M25/29	01:11:13	00:17:06	00:00:54	00:30:29	00:00:42	00:22:02
15	VINICIUS VIZA DE OLIVEIRA	M35/39	01:12:14	00:16:54	00:00:59	00:30:57	00:00:48	00:22:36
16	RODRIGO CALEZANI	M45/49	01:12:26	00:14:29	00:00:59	00:32:56	00:00:55	00:23:07
17	ANDRE NEIVA DE LIMA ROCHA	M50/54	01:12:29	00:13:45	00:00:48	00:29:27	00:00:44	00:27:45
18	RENAN RIBEIRO GUZZO	M40/44	01:14:08	00:14:27	00:00:43	00:34:03	00:00:49	00:24:06
19	RICARDO JOSE CALEGARIO ZAGO	M40/44	01:14:50	00:17:54	00:00:49	00:31:52	00:00:54	00:23:21
20	JULIAN MAX SANTOS PEREIRA	M45/49	01:14:53	00:14:38	00:00:35	00:35:56	00:00:52	00:22:52
21	ANDERSON ANTONIO MEDEIROS	M45/49	01:15:27	00:16:05	00:00:47	00:33:44	00:00:53	00:23:58
22	RHUAN LUCCAS HERMES DOS SANTOS	M20/24	01:16:02	00:14:30	00:00:40	00:36:43	00:00:56	00:23:13
23	FLAVIO ANDRADE DE OLIVEIRA	M40/44	01:16:33	00:14:46	00:00:48	00:33:25	00:01:01	00:26:33
24	FLAVIO NUNES MATIAS	M60/64	01:17:14	00:15:37	00:00:45	00:33:18	00:00:55	00:26:39
25	CRISTHIANO MARTINS AUTOMARE	M45/49	01:17:31	00:16:38	00:00:54	00:36:38	00:00:57	00:22:24
26	DIEGO PESSOTTI	M35/39	01:19:00	00:17:49	00:01:09	00:34:01	00:00:52	00:25:09
27	DIEGO ROCHA	M40/44	01:20:44	00:17:21	00:00:41	00:34:21	00:00:48	00:27:33
28	VICTOR MATTOS MOREIRA	M35/39	01:20:58	00:13:56	00:01:45	00:39:36	00:00:56	00:24:45
29	VINICIUS PAULINO SANT ANA	M35/39	01:21:48	00:16:07	00:00:49	00:40:48	00:01:27	00:22:37
30	EDUARDO DA CUNHA ROMANO	M45/49	01:23:02	00:16:46	00:00:47	00:36:46	00:01:28	00:27:15
31	CLAUDIO SIQUEIRA DOS SANTOS	M55/59	01:26:05	00:16:22	00:01:52	00:37:26	00:01:20	00:29:05
32	ALEX SANDRO MERLLO	M45/49	01:27:08	00:20:04	00:01:45	00:37:13	00:01:28	00:26:38
33	ALEXANDRE GUSTAVO OBERHAUSER	M45/49	01:30:44	00:18:04	00:00:58	00:35:58	00:01:44	00:34:00
34	RAFAEL AMADO SILVA	M40/44	01:31:44	00:18:24	00:01:04	00:41:58	00:00:45	00:29:33
35	ANDRE RABELLO FERREIRA	M50/54	01:34:22	00:18:03	00:01:10	00:43:12	00:01:36	00:30:21
36	FABRICIO QUEIROZ	M55/59	01:35:48	00:19:37	00:01:24	00:45:26	00:01:33	00:27:48
37	FAUSTO FERREIRA FILHO	M45/49	01:36:53	00:21:46	00:01:24	00:44:49	00:01:34	00:27:20

FILIADA



FEDERAÇÃO CAPIXABA DE TRIATHLON

Rua Maçyr Saudino 300, box 199
Centro, Alfredo Chaves/ES Cep: 29140-000

www.fecatrioficial.com.br | (27) 9 9972-7144

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
38	EDSON FERNANDES MARTINS	M55/59	01:46:16	00:18:21	00:01:08	00:44:45	00:01:45	00:40:17
39	MARCO ANTONIO LAZARONI VALLI	M40/44	01:57:41	00:23:18	00:04:36	00:42:42	00:02:24	00:44:41

Feminino

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISABELA CHEN	F40/44	01:08:56	00:14:59	00:00:30	00:32:54	00:00:38	00:19:55
2	MARINA BERTI	F35/39	01:09:37	00:11:42	00:00:32	00:33:31	00:00:54	00:22:58
3	NATHALIA TARDIN	F35/39	01:11:10	00:16:43	00:00:46	00:32:11	00:00:57	00:20:33
4	SOPHIA AGUIAR NICCHIO	F18/19	01:13:38	00:12:23	00:00:38	00:35:22	00:00:38	00:24:37
5	MARIA CLARA ASSAD TEIXEIRA VARGAS	F25/29	01:14:13	00:16:02	00:00:49	00:35:04	00:00:52	00:21:26
6	DANIELA ABADE	F50/54	01:16:17	00:16:52	00:00:53	00:34:15	00:01:44	00:22:33
7	LETICIA CRISTINA GOMES PARIZZI	F30/34	01:18:41	00:17:44	00:00:56	00:36:40	00:00:47	00:22:34
8	VIVIANNE OTTO DE ALMEIDA	F25/29	01:19:27	00:15:57	00:01:35	00:34:58	00:01:15	00:25:42
9	CLARA GONÇALVES RUSCH	F20/24	01:20:10	00:14:48	00:00:57	00:37:05	00:00:55	00:26:25
10	HANNA MACIEL LOUBAK	F30/34	01:20:57	00:18:33	00:00:57	00:35:56	00:01:11	00:24:20
11	SILVANA THEBALDI	F55/59	01:21:57	00:18:11	00:01:36	00:35:36	00:01:04	00:25:30
12	KARINA VAILLANT FARIAS	F30/34	01:22:00	00:16:13	00:01:17	00:41:25	00:01:05	00:22:00
13	ALANA BINDA SILVA COSTA	F35/39	01:23:12	00:19:23	00:01:08	00:37:29	00:01:23	00:23:49
14	VIVIANE WIGAND GODINHO SADER	F40/44	01:23:42	00:19:18	00:01:41	00:35:15	00:02:30	00:24:58
15	MARISOL DE CASSIA PEREIRA FARIA PEREIRA	F40/44	01:26:35	00:19:16	00:02:38	00:36:36	00:01:18	00:26:47
16	DANIELA HEMERLY EMERY CADE	F35/39	01:27:06	00:17:43	00:00:56	00:39:24	00:01:14	00:27:49
17	CAROLINY BENETTI COSTA	F35/39	01:27:36	00:19:57	00:02:05	00:40:53	00:01:05	00:23:36
18	CINTHIA DAVID GOMES	F40/44	01:29:10	00:18:27	00:04:39	00:40:35	00:00:54	00:24:35
19	WANIA LUCIA DA SILVA MARTINS AUTOMARE	F50/54	01:34:55	00:22:17	00:01:28	00:38:18	00:01:48	00:31:04
20	CANDICE ALITINO PERES MACHADO	F55/59	01:35:00	00:19:49	00:01:46	00:45:12	00:01:14	00:26:59

M16/17

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISRAEL ALCANTARA SERVIM	M16/17	01:06:01	00:12:59	00:00:43	00:32:04	00:00:53	00:19:22

M20/24

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISMAEL OLIVEIRA DE JESUS REZENO	M20/24	00:59:47	00:10:44	00:00:34	00:29:16	00:00:49	00:18:24
2	DANIEL GUIMARAES GODINHO	M20/24	01:01:58	00:11:20	00:00:28	00:30:15	00:00:46	00:19:09
3	RHUAN LUCCAS HERMES DOS SANTOS	M20/24	01:16:02	00:14:30	00:00:40	00:36:43	00:00:56	00:23:13

M25/29

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	RENAN BRANDOLINI CHEQUETTO PEREIRA	M25/29	01:11:05	00:12:58	00:00:51	00:35:32	00:01:28	00:20:16
2	IDELSON CARLOS PENA JUNIOR	M25/29	01:11:13	00:17:06	00:00:54	00:30:29	00:00:42	00:22:02

M30/34

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MATHEUS MACHADO AZEVEDO	M30/34	01:01:32	00:11:33	00:00:37	00:31:07	00:00:49	00:17:26

FILIADA



FEDERAÇÃO CAPIXABA DE TRIATHLON

Rua Maçyr Saudino 300, box 199
Centro, Alfredo Chaves/ES Cep: 29140-000

www.fecatrioficial.com.br | (27) 9 9972-7144

M35/39

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	LYNNEKHER GENESIS FERNANDES DA SILVA	M35/39	01:01:40	00:12:23	00:00:29	00:31:08	00:00:47	00:16:53
2	JANDER MARTINS DE OLIVEIRA	M35/39	01:04:34	00:11:44	00:00:35	00:31:41	00:00:44	00:19:50
3	YURI NASCIMENTO NARIYOSHI	M35/39	01:09:00	00:13:31	00:00:41	00:31:48	00:00:57	00:22:03
4	VINICIUS VIZA DE OLIVEIRA	M35/39	01:12:14	00:16:54	00:00:59	00:30:57	00:00:48	00:22:36
5	DIEGO PESSOTTI	M35/39	01:19:00	00:17:49	00:01:09	00:34:01	00:00:52	00:25:09
6	VICTOR MATTOS MOREIRA	M35/39	01:20:58	00:13:56	00:01:45	00:39:36	00:00:56	00:24:45
7	VINICIUS PAULINO SANT ANA	M35/39	01:21:48	00:16:07	00:00:49	00:40:48	00:01:27	00:22:37

M40/44

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ALBERTO DO NASCIMENTO NETO	M40/44	01:06:35	00:12:50	00:00:52	00:31:51	00:00:55	00:20:07
2	ALESSANDRO FRIZZERA BAUMGARTEN	M40/44	01:10:53	00:14:01	00:00:45	00:33:39	00:00:54	00:21:34
3	RENAN RIBEIRO GUZZO	M40/44	01:14:08	00:14:27	00:00:43	00:34:03	00:00:49	00:24:06
4	RICARDO JOSE CALEGARIO ZAGO	M40/44	01:14:50	00:17:54	00:00:49	00:31:52	00:00:54	00:23:21
5	FLAVIO ANDRADE DE OLIVEIRA	M40/44	01:16:33	00:14:46	00:00:48	00:33:25	00:01:01	00:26:33
6	DIEGO ROCHA	M40/44	01:20:44	00:17:21	00:00:41	00:34:21	00:00:48	00:27:33
7	RAFAEL AMADO SILVA	M40/44	01:31:44	00:18:24	00:01:04	00:41:58	00:00:45	00:29:33
8	MARCO ANTONIO LAZARONI VALLI	M40/44	01:57:41	00:23:18	00:04:36	00:42:42	00:02:24	00:44:41

M45/49

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	CONSTANTEEN HELAL NETO	M45/49	01:07:22	00:13:28	00:00:33	00:31:25	00:00:51	00:21:05
2	OTAVIO CALIMAN DADALTO	M45/49	01:08:41	00:12:37	00:00:36	00:32:47	00:00:54	00:21:47
3	RODRIGO CALEZANI	M45/49	01:12:26	00:14:29	00:00:59	00:32:56	00:00:55	00:23:07
4	JULIAN MAX SANTOS PEREIRA	M45/49	01:14:53	00:14:38	00:00:35	00:35:56	00:00:52	00:22:52
5	ANDERSON ANTONIO MEDEIROS	M45/49	01:15:27	00:16:05	00:00:47	00:33:44	00:00:53	00:23:58
6	CRISTHIANO MARTINS AUTOMARE	M45/49	01:17:31	00:16:38	00:00:54	00:36:38	00:00:57	00:22:24
7	EDUARDO DA CUNHA ROMANO	M45/49	01:23:02	00:16:46	00:00:47	00:36:46	00:01:28	00:27:15
8	ALEX SANDRO MERLLO	M45/49	01:27:08	00:20:04	00:01:45	00:37:13	00:01:28	00:26:38
9	ALEXANDRE GUSTAVO OBERHAUSER	M45/49	01:30:44	00:18:04	00:00:58	00:35:58	00:01:44	00:34:00
10	FAUSTO FERREIRA FILHO	M45/49	01:36:53	00:21:46	00:01:24	00:44:49	00:01:34	00:27:20

M50/54

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ANDRE NEIVA DE LIMA ROCHA	M50/54	01:12:29	00:13:45	00:00:48	00:29:27	00:00:44	00:27:45
2	ANDRE RABELLO FERREIRA	M50/54	01:34:22	00:18:03	00:01:10	00:43:12	00:01:36	00:30:21

M55/59

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	GERARDO PEREIRA LIMA FILHO	M55/59	01:03:54	00:11:09	00:00:46	00:32:05	00:00:44	00:19:10
2	CLAUDIO SIQUEIRA DOS SANTOS	M55/59	01:26:05	00:16:22	00:01:52	00:37:26	00:01:20	00:29:05
3	FABRICIO QUEIROZ	M55/59	01:35:48	00:19:37	00:01:24	00:45:26	00:01:33	00:27:48
4	EDSON FERNANDES MARTINS	M55/59	01:46:16	00:18:21	00:01:08	00:44:45	00:01:45	00:40:17

FILIADA



FEDERAÇÃO CAPIXABA DE TRIATHLON

Rua Maçyr Saudino 300, box 199
Centro, Alfredo Chaves/ES Cep: 29140-000

www.fecatrioficial.com.br | (27) 9 9972-7144

M60/64

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	FLAVIO NUNES MATIAS	M60/64	01:17:14	00:15:37	00:00:45	00:33:18	00:00:55	00:26:39

F18/19

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	SOPHIA AGUIAR NICCHIO	F18/19	01:13:38	00:12:23	00:00:38	00:35:22	00:00:38	00:24:37

F20/24

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	CLARA GONÇALVES RUSCH	F20/24	01:20:10	00:14:48	00:00:57	00:37:05	00:00:55	00:26:25

F25/29

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MARIA CLARA ASSAD TEIXEIRA VARGAS	F25/29	01:14:13	00:16:02	00:00:49	00:35:04	00:00:52	00:21:26
2	VIVIANNE OTTO DE ALMEIDA	F25/29	01:19:27	00:15:57	00:01:35	00:34:58	00:01:15	00:25:42

F30/34

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	LETICIA CRISTINA GOMES PARIZZI	F30/34	01:18:41	00:17:44	00:00:56	00:36:40	00:00:47	00:22:34
2	HANNA MACIEL LOUBAK	F30/34	01:20:57	00:18:33	00:00:57	00:35:56	00:01:11	00:24:20
3	KARINA VAILLANT FARIAS	F30/34	01:22:00	00:16:13	00:01:17	00:41:25	00:01:05	00:22:00

F35/39

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MARINA BERTI	F35/39	01:09:37	00:11:42	00:00:32	00:33:31	00:00:54	00:22:58
2	NATHALIA TARDIN	F35/39	01:11:10	00:16:43	00:00:46	00:32:11	00:00:57	00:20:33
3	ALANA BINDA SILVA COSTA	F35/39	01:23:12	00:19:23	00:01:08	00:37:29	00:01:23	00:23:49
4	DANIELA HEMERLY EMERY CADE	F35/39	01:27:06	00:17:43	00:00:56	00:39:24	00:01:14	00:27:49
5	CAROLINY BENETTI COSTA	F35/39	01:27:36	00:19:57	00:02:05	00:40:53	00:01:05	00:23:36

F40/44

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISABELA CHEN	F40/44	01:08:56	00:14:59	00:00:30	00:32:54	00:00:38	00:19:55
2	VIVIANE WIGAND GODINHO SADER	F40/44	01:23:42	00:19:18	00:01:41	00:35:15	00:02:30	00:24:58
3	MARISOL DE CASSIA PEREIRA FARIA PEREIRA	F40/44	01:26:35	00:19:16	00:02:38	00:36:36	00:01:18	00:26:47
4	CINTHIA DAVID GOMES	F40/44	01:29:10	00:18:27	00:04:39	00:40:35	00:00:54	00:24:35

F50/54

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	DANIELA ABADE	F50/54	01:16:17	00:16:52	00:00:53	00:34:15	00:01:44	00:22:33
2	WANIA LUCIA DA SILVA MARTINS AUTOMARE	F50/54	01:34:55	00:22:17	00:01:28	00:38:18	00:01:48	00:31:04

F55/59

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	SILVANA THEBALDI	F55/59	01:21:57	00:18:11	00:01:36	00:35:36	00:01:04	00:25:30
2	CANDICE ALITINO PERES MACHADO	F55/59	01:35:00	00:19:49	00:01:46	00:45:12	00:01:14	00:26:59

FILIADA



FEDERAÇÃO CAPIXABA DE TRIATHLON

Rua Maçyr Saudino 300, box 199
Centro, Alfredo Chaves/ES Cep: 29140-000

www.fecatrioficial.com.br | (27) 9 9972-7144