

Resultado Capixaba de Ferro



Capixaba de Ferro, Vitória/ES, 22/03/2026. Atualizado em 13/05/2026

Masculino

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	RODRIGO DE CARVALHO COELHO	M20/24	01:02:30	00:11:02	00:00:45	00:31:09	00:01:03	00:18:29
2	ISMAEL OLIVEIRA DE JESUS ROZENO	M20/24	01:02:36	00:10:50	00:00:45	00:31:26	00:01:04	00:18:30
3	CESAR BRIOSCHI LOPES	M20/24	01:02:59	00:11:02	00:00:50	00:31:07	00:01:02	00:18:56
4	DANIEL GUIMARAES GODINHO	M20/24	01:04:15	00:10:57	00:01:00	00:31:01	00:01:27	00:19:48
5	FELIPE ANNUNCIATO CLAVIJO MARTINS	M35/39	01:04:56	00:11:03	00:00:43	00:31:09	00:01:02	00:20:58
6	ROMULO DOS SANTOS	M35/39	01:06:04	00:10:49	00:00:51	00:34:10	00:01:10	00:19:02
7	LYNNEKHER GENESIS FERNANDES DA SILVA	M35/39	01:07:00	00:12:43	00:00:55	00:32:59	00:01:05	00:19:17
8	MARCIO MOURA SILVA	M40/44	01:07:40	00:11:39	00:00:59	00:33:58	00:01:05	00:19:57
9	LORENZO ERLER TREGNAGO	M20/24	01:08:33	00:12:20	00:00:57	00:33:23	00:01:02	00:20:49
10	ALBERTO DO NASCIMENTO NETO	M40/44	01:08:57	00:12:48	00:00:59	00:32:53	00:01:22	00:20:53
11	CONSTANTEEN HELAL NETO	M45/49	01:09:07	00:11:58	00:00:53	00:33:47	00:01:05	00:21:22
12	GERARDO PEREIRA LIMA FILHO	M55/59	01:09:52	00:12:35	00:00:52	00:00:00	00:00:00	00:00:00
13	OTAVIO CALIMAN DADALTO	M45/49	01:10:09	00:12:22	00:01:04	00:33:17	00:01:30	00:21:54
14	ARTHUR AZEVEDO DOS SANTOS	M25/29	01:10:09	00:11:06	00:00:59	00:34:46	00:01:13	00:22:03
15	LEONARDO RODRIGUES DA SILVA	M45/49	01:10:21	00:11:13	00:01:04	00:34:22	00:01:07	00:22:33
16	JANDER MARTINS DE OLIVEIRA	M35/39	01:10:46	00:11:42	00:00:58	00:36:39	00:01:18	00:20:07
17	ISRAEL ALCANTARA SERVIN	M16/17	01:11:10	00:12:59	00:00:53	00:36:04	00:00:59	00:20:13
18	WAGNER LEAL LOPES	M40/44	01:11:38	00:12:14	00:01:18	00:33:09	00:01:16	00:23:39
19	ANTONIO SANTOS BRITO BARRETO	M45/49	01:11:58	00:14:09	00:01:06	00:33:56	00:01:16	00:21:29
20	LEONARDO PENNAFORT	M40/44	01:12:11	00:13:30	00:01:04	00:34:16	00:01:19	00:22:00
21	YURI NASCIMENTO NARIYOSHI	M35/39	01:13:08	00:13:45	00:01:03	00:34:23	00:01:15	00:22:41
22	LUCAS VON DOLLINGER SOUZA	M35/39	01:13:47	00:14:18	00:01:33	00:33:17	00:01:29	00:23:08
23	RAFAEL RAMOS BERNARDO	M40/44	01:14:26	00:13:52	00:01:00	00:34:21	00:02:04	00:23:08
24	DIEGO FERRAZ	M35/39	01:15:12	00:14:43	00:01:19	00:36:15	00:01:22	00:21:33
25	RAFAEL SILVA	M35/39	01:15:19	00:14:42	00:01:12	00:35:17	00:01:39	00:22:26
26	GLAUCO BRITO SILVA OLIVEIRA	M35/39	01:15:22	00:14:31	00:01:04	00:35:35	00:01:22	00:22:48
27	TARCISIO JOSE BICALHO JUNIOR	M35/39	01:15:32	00:15:38	00:01:04	00:36:15	00:01:24	00:21:08
28	ANDRE NEIVA DE LIMA ROCHA	M50/54	01:16:03	00:11:22	00:01:12	00:34:18	00:01:40	00:27:28
29	RENAN BRANDOLINI CHEQUETTO PEREIRA	M25/29	01:16:07	00:12:32	00:01:15	00:39:12	00:01:25	00:21:42
30	MATEUS MOREIRA BARROS	M30/34	01:16:11	00:16:44	00:01:17	00:35:42	00:01:31	00:20:54
31	RAPHAEL COSER	M40/44	01:16:16	00:14:53	00:01:22	00:35:12	00:01:21	00:23:26
32	VICTOR MUNIZ MOULIN PRATES	M30/34	01:17:01	00:15:35	00:01:25	00:36:44	00:01:12	00:22:04
33	MARLON TORRES DA SILVA	M25/29	01:17:17	00:19:30	00:01:20	00:35:03	00:01:37	00:19:44
34	EVANDRO DOS SANTOS BECEVELLI	M35/39	01:17:32	00:15:14	00:01:15	00:36:32	00:01:37	00:22:51
35	DANIEL CAIADO RIBEIRO DALLA BERNARDINA	M50/54	01:17:40	00:15:37	00:01:25	00:35:39	00:01:49	00:23:08
36	JOÃO HADAD	M30/34	01:17:42	00:13:11	00:01:00	00:38:14	00:01:39	00:23:37
37	VINICIUS VIZA DE OLIVEIRA	M35/39	01:17:49	00:16:33	00:01:10	00:35:54	00:01:24	00:22:45

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
38	BRUNO VILELA ULOTT	M30/34	01:17:54	00:14:38	00:01:19	00:37:08	00:01:44	00:23:03
39	FELIPE RODRIGUES NASCIMENTO	M40/44	01:18:16	00:17:46	00:01:14	00:37:11	00:01:34	00:20:28
40	RAVEL QUEIROZ DA VEIGA E SOUSA	M40/44	01:18:31	00:16:30	00:01:44	00:36:23	00:02:00	00:21:54
41	FILIFE BAETA FERNANDES DE FREITAS	M35/39	01:18:37	00:16:38	00:01:46	00:35:23	00:02:15	00:22:33
42	LEANDRO BATISTI DE FARIA	M40/44	01:18:47	00:13:26	00:01:16	00:36:42	00:01:32	00:25:49
43	FREDERICO FERREIRA	M35/39	01:19:09	00:15:40	00:01:38	00:36:35	00:01:42	00:23:32
44	VINICIUS MARTINS DE PAULA	M35/39	01:19:34	00:18:27	00:01:31	00:36:00	00:01:24	00:22:11
45	TIAGO EMERICH	M40/44	01:19:38	00:18:20	00:01:59	00:34:43	00:02:11	00:22:23
46	BERNARDO COELHO	M40/44	01:19:46	00:13:19	00:02:18	00:36:45	00:01:46	00:25:35
47	FABIO MARSON	M45/49	01:19:58	00:13:28	00:01:12	00:38:09	00:01:44	00:25:22
48	IDELSON CARLOS PENA JUNIOR	M25/29	01:20:03	00:17:24	00:01:08	00:36:25	00:01:39	00:23:24
49	RODRIGO SAMORINI	M18/19	01:20:10	00:14:15	00:00:55	00:36:50	00:01:26	00:26:41
50	LEANDRO CHAVES AZEVEDO	M45/49	01:20:26	00:14:01	00:01:49	00:36:17	00:02:19	00:25:57
51	FLAVIO ANDRADE DE OLIVEIRA	M40/44	01:20:34	00:14:28	00:01:17	00:36:35	00:01:41	00:26:30
52	RODRIGO CALEZANI	M45/49	01:20:36	00:15:42	00:01:12	00:37:05	00:01:35	00:25:00
53	GIULIANO TONIOLI	M50/54	01:20:45	00:18:45	00:01:30	00:34:18	00:01:52	00:24:18
54	SAVIO RIBAS	M35/39	01:21:04	00:18:52	00:01:27	00:37:32	00:01:27	00:21:44
55	RENAN RIBEIRO GUZZO	M40/44	01:21:23	00:14:12	00:01:12	00:38:18	00:01:41	00:25:57
56	NATHAN SOUZA	M25/29	01:21:31	00:14:49	00:01:28	00:37:33	00:01:15	00:26:24
57	ANDERSON ANTONIO MEDEIROS	M45/49	01:21:46	00:16:18	00:01:11	00:38:52	00:01:30	00:23:53
58	ADEMAR RABELO DE SOUZA	M30/34	01:21:51	00:16:02	00:01:40	00:36:55	00:01:53	00:25:19
59	BRENO PROSCHOLDT ALMEIDA	M40/44	01:21:53	00:18:11	00:01:21	00:37:08	00:01:37	00:23:34
60	CRISTHIANO MARTINS AUTOMARE	M45/49	01:21:55	00:16:07	00:01:57	00:38:07	00:01:44	00:23:59
61	JULIAN MAX SANTOS PEREIRA	M45/49	01:21:57	00:13:57	00:01:56	00:38:50	00:02:01	00:25:11
62	FLAVIO NUNES MATIAS	M60/64	01:22:18	00:15:44	00:01:09	00:36:59	00:01:55	00:26:29
63	PEDRO HENRIQUE GALVAO BARELLI	M40/44	01:22:20	00:13:42	00:02:06	00:39:39	00:02:15	00:24:36
64	PAULO HENRIQUE MELO BATISTA	M25/29	01:22:21	00:16:41	00:01:04	00:37:37	00:02:22	00:24:36
65	ULYSSES BERNARDO CHRIST SCHUNK	M35/39	01:22:39	00:17:51	00:01:23	00:34:31	00:02:05	00:26:46
66	FABIO RODRIGO SIQUEIRA BATISTA	M50/54	01:22:52	00:14:07	00:02:24	00:37:34	00:01:50	00:26:56
67	RODRIGO RIBEIRO DE ARAUJO	M50/54	01:23:09	00:15:10	00:01:34	00:37:51	00:01:47	00:26:45
68	JOSÉ GILVAN DOS SANTOS	M55/59	01:23:22	00:18:49	00:02:00	00:37:21	00:01:16	00:23:53
69	MIGUEL MAIA ALBUQUERQUE FORMOZO BERTANHA	M25/29	01:23:24	00:17:36	00:01:35	00:38:56	00:01:24	00:23:52
70	MAXMILIANO DE ALMEIDA SILVA	M40/44	01:23:45	00:18:07	00:01:18	00:35:13	00:02:11	00:26:54
71	GUSTAVO CAMPOS TOSTA	M20/24	01:23:57	00:16:40	00:01:25	00:36:50	00:01:29	00:27:31
72	RICARDO SARTORIO RIBEIRO DE SOUZA	M45/49	01:24:08	00:18:18	00:01:11	00:37:50	00:01:24	00:25:22
73	RICHARD SOARES	M45/49	01:24:08	00:13:52	00:01:18	00:39:36	00:01:42	00:27:38
74	BERNARDO SILLER DA PENHA	M18/19	01:24:55	00:13:44	00:00:52	00:41:30	00:01:22	00:27:25
75	LUIZ CLAUDIO DE SOUZA OLIVEIRA FILHO	M30/34	01:25:04	00:16:20	00:01:29	00:41:02	00:02:32	00:23:39
76	EMANOEL MISSAGIA SERRAO FILHO	M40/44	01:25:13	00:14:34	00:01:13	00:39:10	00:01:54	00:28:21
77	RICARDO JOSE CALEGARIO ZAGO	M40/44	01:25:38	00:18:30	00:01:58	00:37:40	00:03:01	00:24:28
78	CARLOS EDUARDO CASTRO	M40/44	01:26:00	00:16:52	00:03:03	00:39:22	00:01:52	00:24:48
79	MATHEUS FERREIRA RANGEL DA ROCHA	M30/34	01:26:00	00:17:27	00:01:35	00:40:18	00:02:15	00:24:23
80	JEFFERSON OLIVEIRA SILVA	M25/29	01:26:06	00:21:54	00:01:43	00:37:27	00:01:56	00:23:05
81	MOISES ABREU SILVA	M45/49	01:26:11	00:18:42	00:01:56	00:37:50	00:01:43	00:25:58

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
82	GUILHERME NASCIMENTO DE ALMEIDA DOS	M20/24	01:26:14	00:23:12	00:01:21	00:36:16	00:02:13	00:23:09
83	DIEGO ROCHA	M40/44	01:26:16	00:17:55	00:01:20	00:36:59	00:01:59	00:28:01
84	MAGNOS MARTINELLO	M50/54	01:26:24	00:13:54	00:01:22	00:38:44	00:04:05	00:28:17
85	THIAGO GOMES BONOMO	M40/44	01:26:41	00:16:47	00:01:40	00:38:47	00:02:05	00:27:20
86	JOSÉ ROBERTO SERQUEIRA	M60/64	01:26:53	00:17:04	00:02:11	00:39:24	00:02:07	00:26:05
87	ALEX SANDRO MERLLO	M45/49	01:26:56	00:20:04	00:01:20	00:37:07	00:01:48	00:26:35
88	LUCAS BALDIM DOS REIS	M25/29	01:27:02	00:16:23	00:01:10	00:42:53	00:02:34	00:23:59
89	JANILTON CUZZUOL BRANCO	M35/39	01:27:12	00:18:29	00:02:19	00:37:36	00:02:19	00:26:26
90	MATEUS BIANCHINI FALCAO MONTEIRO	M25/29	01:27:17	00:21:51	00:01:57	00:39:05	00:01:39	00:22:43
91	EDUARDO VIEIRA	M25/29	01:27:29	00:16:59	00:01:46	00:39:57	00:02:02	00:26:43
92	BRUNO LEITE	M35/39	01:27:33	00:16:54	00:02:38	00:37:56	00:02:18	00:27:46
93	FELIPE ROGERIO CARLETTE	M40/44	01:27:45	00:17:52	00:01:30	00:41:26	00:02:00	00:24:55
94	FABIO V DE GOUVEA	M45/49	01:27:46	00:17:11	00:01:17	00:37:43	00:02:22	00:29:12
95	EDVALDO ROCHA DOS SANTOS	M45/49	01:27:50	00:18:27	00:02:46	00:40:26	00:01:44	00:24:25
96	CAIO SALLES BELCHIOR	M40/44	01:27:51	00:19:27	00:01:20	00:40:22	00:01:44	00:24:56
97	HUGO ALDO LEON AVILA	M50/54	01:27:54	00:13:55	00:03:35	00:39:42	00:02:37	00:28:02
98	FERNANDO CARLOS FALCAO DO VALE	M50/54	01:27:54	00:16:26	00:01:06	00:39:38	00:02:39	00:28:03
99	DOUGLAS MEDEIROS DE LIMA	M35/39	01:27:55	00:16:29	00:02:02	00:38:54	00:02:33	00:27:55
100	ANDRE SILOTTI SIMER	M40/44	01:28:00	00:17:56	00:01:17	00:42:34	00:01:36	00:24:36
101	ELIANDRO STORCH	M35/39	01:28:03	00:21:50	00:02:06	00:38:35	00:02:17	00:23:13
102	BERNARDO GOMES MARTINS	M20/24	01:28:08	00:18:30	00:01:13	00:38:57	00:02:49	00:26:36
103	MARIO SERGIO LAZARONI VALLI	M40/44	01:28:09	00:16:32	00:02:20	00:40:39	00:02:08	00:26:28
104	JOÃO VITOR RAMOS DE OLIVEIRA	M25/29	01:28:14	00:18:30	00:01:52	00:42:04	00:03:07	00:22:39
105	WALLACE DOS REIS LIMA SILVA	M30/34	01:28:19	00:14:58	00:01:18	00:39:41	00:02:41	00:29:38
106	VICTOR DE SOUZA MACIEL	M30/34	01:28:20	00:20:02	00:02:28	00:37:17	00:02:27	00:26:03
107	FERNANDO OLIVEIRA NUNES	M40/44	01:28:21	00:17:10	00:01:41	00:44:04	00:01:57	00:23:27
108	ANDRE RIBEIRO DA SILVA	M40/44	01:28:27	00:20:59	00:01:41	00:38:02	00:01:41	00:26:00
109	JUAN PERES AGUIAR	M30/34	01:28:27	00:17:09	00:03:05	00:42:31	00:02:39	00:23:01
110	ROBSON FERREIRA DE ALMEIDA	M50/54	01:28:30	00:18:25	00:01:33	00:39:21	00:02:53	00:26:16
111	SERGIO TASCA	M55/59	01:28:35	00:17:36	00:01:39	00:42:19	00:02:18	00:24:42
112	LEANDRO COSTA LEANDRO	M45/49	01:28:41	00:18:55	00:02:15	00:38:24	00:02:20	00:26:46
113	EDUARDO DA CUNHA ROMANO	M45/49	01:28:48	00:17:49	00:01:17	00:39:19	00:01:41	00:28:41
114	CAIO LIGNANI DE MIRANDA BERMUDES	M25/29	01:28:50	00:17:45	00:01:19	00:39:09	00:01:55	00:28:40
115	ANDRE ZURLO BASSINI	M25/29	01:28:50	00:16:38	00:02:43	00:38:54	00:02:34	00:28:00
116	HEITOR MORAES BAIA	M25/29	01:28:57	00:16:16	00:01:03	00:43:59	00:01:32	00:26:05
117	BRUNO LAMEIRAS DE SOUZA	M50/54	01:29:00	00:15:16	00:03:10	00:43:39	00:01:54	00:24:59
118	DIEGO PONTES	M25/29	01:29:08	00:19:46	00:02:03	00:42:06	00:01:39	00:23:31
119	JHONATA GALINA	M35/39	01:29:10	00:19:13	00:01:16	00:38:17	00:01:36	00:28:47
120	RAFAEL FULGENCIO GONCALVES	M35/39	01:29:15	00:20:24	00:02:23	00:36:32	00:03:07	00:26:47
121	GERALDO DA SILVA JUNIOR	M50/54	01:29:17	00:18:30	00:01:36	00:40:24	00:02:39	00:26:06
122	DANILO VESCOVI SFALSIM	M20/24	01:29:18	00:17:39	00:02:13	00:40:55	00:02:26	00:26:02
123	JUNIOR RODRIGUES	M25/29	01:29:21	00:20:49	00:02:58	00:39:54	00:01:50	00:23:46
124	VICTOR HUGO MORAIS DE OLIVEIRA FREIRE	M40/44	01:29:27	00:19:45	00:02:45	00:38:02	00:02:52	00:26:00
125	MARCELO SOUZA FASSARELLA	M45/49	01:29:42	00:22:11	00:02:20	00:40:55	00:01:23	00:22:51

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
126	MATHEUS CESAR DE SOUZA VIEIRA	M25/29	01:29:43	00:20:02	00:01:54	00:41:58	00:01:25	00:24:22
127	SAMUEL DAO SCHAIDER	M25/29	01:29:49	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
128	VICTOR MAGALHAES CURTY	M35/39	01:29:52	00:21:09	00:01:51	00:39:01	00:01:45	00:26:05
129	LENILDO LOPES VIEIRA FILHO	M55/59	01:29:54	00:16:52	00:01:20	00:40:31	00:02:14	00:28:54
130	RODRIGO LACERDA	M50/54	01:29:55	00:17:24	00:03:28	00:37:14	00:04:05	00:27:43
131	LEONARDO ROBERTY	M30/34	01:29:58	00:20:06	00:02:26	00:39:53	00:03:09	00:24:23
132	RODRIGO MEIRELES CORTES	M25/29	01:30:04	00:17:30	00:01:20	00:42:01	00:02:21	00:26:50
133	MARCOS FLAVIO ANDRADE	M35/39	01:30:12	00:20:52	00:01:58	00:39:28	00:02:48	00:25:04
134	GABRIEL RIBEIRO CRIVILIN	M25/29	01:30:16	00:22:40	00:02:02	00:39:01	00:01:56	00:24:35
135	PEDRO ANTONIO DAVID JORGE GOMES PEREIRA	M25/29	01:30:18	00:17:46	00:02:44	00:44:06	00:02:35	00:23:05
136	BRUNO SCHMIDT	M30/34	01:30:34	00:23:40	00:01:32	00:37:51	00:02:18	00:25:11
137	LORRAN SIQUEIRA MATIAS	M35/39	01:30:34	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
138	DOUGLAS HENRIQUE DE ALMEIDA BORGES	M35/39	01:30:37	00:20:38	00:02:37	00:40:42	00:02:13	00:24:24
139	VINICIUS TESSARO SCETTINO	M35/39	01:30:39	00:16:40	00:01:27	00:41:39	00:02:36	00:28:15
140	ANTONIO DOS SANTOS RAMOS JUNIOR	M25/29	01:30:42	00:19:48	00:02:21	00:44:21	00:01:21	00:22:49
141	JACKSON LUIS VERNECK DOS SANTOS	M45/49	01:30:43	00:19:56	00:02:28	00:39:26	00:02:42	00:26:10
142	GUILHERME GATTI CUZZUOL	M35/39	01:30:45	00:14:14	00:02:05	00:43:31	00:03:22	00:27:31
143	SIDNEY MARTON IRACI SILVA	M35/39	01:30:48	00:19:39	00:01:49	00:38:58	00:08:33	00:21:47
144	TIAGO FERNANDES	M40/44	01:30:50	00:18:36	00:01:28	00:38:53	00:02:16	00:29:35
145	KLEBER LUIZ AZEVEDO FERREIRA	M35/39	01:30:51	00:17:36	00:01:42	00:40:35	00:02:41	00:28:15
146	FRANCIS AZEVEDO DE BARROS	M35/39	01:30:55	00:16:27	00:01:43	00:43:35	00:02:03	00:27:05
147	EDUARDO FRANCISCO FERNANDES DE MIRANDA	M60/64	01:31:02	00:15:18	00:01:35	00:40:39	00:02:23	00:31:05
148	AUGUSTO POTRATZ GUALBERTO	M30/34	01:31:19	00:21:08	00:02:10	00:41:12	00:01:54	00:24:54
149	FERNANDO LIMA	M40/44	01:31:23	00:18:13	00:01:47	00:40:36	00:02:32	00:28:13
150	GUSTAVO SOARES GUEZ	M25/29	01:31:24	00:21:54	00:02:07	00:43:52	00:02:00	00:21:29
151	JOSUE LOZER BABILON	M25/29	01:31:26	00:21:30	00:02:57	00:43:44	00:01:38	00:21:35
152	RAMON DE MELLO NEVES NUNES	M30/34	01:31:29	00:17:37	00:01:34	00:44:56	00:02:06	00:25:14
153	RAFAEL JOSE B MACIEL	M40/44	01:31:30	00:18:40	00:01:28	00:42:06	00:02:20	00:26:54
154	VINICIUS FERREIRA RAMOS	M40/44	01:31:32	00:19:04	00:02:51	00:41:31	00:02:26	00:25:37
155	ADENILTON MOTA RAMPINELLI	M40/44	01:31:44	00:16:59	00:01:06	00:43:45	00:01:54	00:27:57
156	THIAGO SIMONASSI NARCISO	M40/44	01:31:46	00:18:48	00:02:05	00:46:09	00:01:46	00:22:55
157	LUIS FELIPE SANTOS DE OLIVEIRA	M18/19	01:31:46	00:19:22	00:01:17	00:41:36	00:02:05	00:27:24
158	THIAGO SOUZA DE CASTRO	M40/44	01:31:49	00:22:13	00:04:37	00:38:19	00:03:13	00:23:24
159	LEONARDO RODRIGUES SANTOS	M45/49	01:31:49	00:19:31	00:01:11	00:42:18	00:01:27	00:27:20
160	VINICIUS PAULINO SANT ANA	M35/39	01:31:50	00:17:45	00:01:42	00:43:46	00:02:07	00:26:28
161	CLAUDIO SIQUEIRA DOS SANTOS	M55/59	01:32:04	00:17:10	00:01:12	00:40:33	00:02:19	00:30:48
162	ANDERSON CORREIA FERREIRA MIRANDA	M35/39	01:32:13	00:24:29	00:02:04	00:42:15	00:01:12	00:22:11
163	MATHEUS GAVA FERREIRA	M45/49	01:32:18	00:14:56	00:01:32	00:44:13	00:02:10	00:29:25
164	FABIO HENRIQUES MIGUEL COELHO	M40/44	01:32:22	00:17:56	00:01:49	00:41:17	00:02:12	00:29:05
165	FABRICIO QUEIROZ	M55/59	01:32:33	00:19:22	00:01:43	00:43:31	00:02:20	00:25:36
166	HEBERT BENEDITO DE ARAUJO CALDAS	M65/69	01:32:38	00:20:46	00:01:51	00:39:25	00:03:32	00:27:01
167	ALEXANDRE GUSTAVO OBERHAUSER	M45/49	01:32:39	00:16:30	00:01:11	00:38:32	00:02:40	00:33:43
168	LUCAS SOARES DE MATOS	M25/29	01:32:41	00:18:17	00:03:50	00:40:50	00:03:44	00:25:58
169	KALEB DE OLIVEIRA COELHO	M35/39	01:32:47	00:16:31	00:05:01	00:41:00	00:04:04	00:26:08

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
170	JOSIAS DOS SANTOS PAPA	M35/39	01:32:47	00:18:58	00:02:39	00:41:00	00:04:00	00:26:09
171	ANDRE VAZ	M20/24	01:32:49	00:22:18	00:02:32	00:40:36	00:02:21	00:25:01
172	MARCELO BASTIANELLO VELOSO	M40/44	01:32:50	00:19:26	00:01:28	00:42:05	00:01:42	00:28:07
173	VITOR FERREIRA LAVOR	M35/39	01:33:08	00:21:30	00:01:34	00:41:44	00:02:25	00:25:53
174	MICHEL RENE DE PAULA	M40/44	01:33:09	00:20:03	00:03:06	00:43:57	00:02:10	00:23:51
175	EDJANIO LEAL TAVARES	M50/54	01:33:12	00:20:05	00:03:03	00:40:33	00:01:51	00:27:39
176	SAMUEL LIMA L SILVA	M20/24	01:33:17	00:19:39	00:01:12	00:42:50	00:01:58	00:27:35
177	ALLAN NERY	M55/59	01:33:30	00:17:02	00:01:38	00:41:24	00:02:02	00:31:21
178	BRUNO HENRIQUE SILVA E SILVA	M35/39	01:33:39	00:21:53	00:01:09	00:39:47	00:01:52	00:28:56
179	JORGE FERNANDO SERPA FERREIRA JUNIOR	M40/44	01:33:40	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
180	RODRIGO ARCANJO PARUD	M50/54	01:33:48	00:17:44	00:02:23	00:41:47	00:02:06	00:29:46
181	GABRIEL JUNIOR DUTRA	M25/29	01:33:50	00:13:46	00:02:22	00:44:47	00:02:07	00:30:46
182	BRUNO LORENZONI RUY	M30/34	01:34:11	00:18:09	00:02:35	00:44:35	00:01:53	00:26:58
183	LUCAS SANTOS FERREIRA	M25/29	01:34:30	00:18:21	00:02:26	00:41:13	00:01:54	00:30:34
184	WATSON RODRIGUES SARANDY	M40/44	01:34:46	00:19:47	00:01:58	00:41:46	00:01:53	00:29:20
185	TARCISO DUARTE MAIA JUNIOR	M35/39	01:34:50	00:18:42	00:00:00	00:00:00	00:00:00	00:00:00
186	MARCELO SPAVIER FERREIRA	M45/49	01:35:06	00:15:39	00:02:22	00:43:36	00:03:41	00:29:46
187	LEANDRO VIEIRA DE LANDA	M50/54	01:35:16	00:18:03	00:02:43	00:43:27	00:02:05	00:28:55
188	ANDRE ANTONIO LISBOA DA COSTA E SILVA	M40/44	01:35:51	00:21:53	00:02:16	00:41:52	00:02:50	00:26:58
189	LEONARDO ADRELLE ELLER DIAS	M45/49	01:35:59	00:17:11	00:02:51	00:43:31	00:02:03	00:30:21
190	FELIPE DA SILVA MEDEIROS	M40/44	01:36:15	00:19:00	00:02:31	00:39:42	00:03:04	00:31:56
191	ALEX GUSTAVO SILVEIRA REIS	M30/34	01:36:18	00:21:34	00:01:26	00:45:05	00:02:07	00:26:03
192	DELSON PEIXOTO JUNIOR	M40/44	01:36:20	00:22:40	00:01:28	00:42:27	00:03:12	00:26:31
193	ANDRE LUCAS PEZZIN VICENTINI	M35/39	01:36:21	00:20:05	00:02:51	00:44:41	00:03:15	00:25:28
194	IGOR CORTAT DE OLIVEIRA	M30/34	01:36:32	00:22:15	00:02:47	00:42:27	00:02:26	00:26:34
195	RENAN ALMEIDA SANTOS	M40/44	01:36:41	00:15:50	00:02:19	00:45:26	00:03:01	00:30:04
196	ANDRE LUIZ DE ALMEIDA	M40/44	01:36:43	00:32:05	00:02:50	00:35:09	00:02:25	00:24:11
197	GUILHERME CASTRO DE BONE	M35/39	01:36:56	00:19:33	00:03:07	00:41:30	00:03:06	00:29:38
198	RUBEM MATEUS CAMPOS MIRANDA	M50/54	01:36:59	00:15:37	00:02:32	00:47:07	00:02:43	00:28:59
199	LUIZ FERNANDO SIQUEIRA RIBEIRO DE OLIVEIRA	M35/39	01:37:11	00:18:55	00:02:12	00:45:29	00:02:26	00:28:07
200	CARLOS ARTHUR BRAGATTO DA GAMA	M30/34	01:37:16	00:17:51	00:02:03	00:44:48	00:02:59	00:29:33
201	HUGO MELO FALQUER	M30/34	01:37:22	00:19:48	00:01:54	00:42:59	00:02:05	00:30:34
202	ERIMAR TRINDADE AMBROSIO/ RALF SARTORI	M50/54	01:37:24	00:16:49	00:05:26	00:42:37	00:02:55	00:29:35
203	ROMULO BRANDAO CASTRO JUNIOR	M25/29	01:37:29	00:25:21	00:01:21	00:43:06	00:02:33	00:25:06
204	MAURO SCHNEIDER DUARTE	M60/64	01:37:41	00:16:24	00:01:15	00:47:12	00:03:17	00:29:31
205	ANDERSON ANTONIO BISPO DE ALMEIDA	M45/49	01:37:46	00:27:47	00:03:33	00:42:09	00:02:04	00:22:11
206	ANDRE DE AZEVEDO RABELO	M45/49	01:37:59	00:19:00	00:02:48	00:42:51	00:03:05	00:30:12
207	LUCAS HENRIQUE FERREIRA VERSIANI DE	M20/24	01:38:02	00:25:41	00:03:54	00:42:15	00:02:50	00:23:20
208	GABRIEL FERREIRA SOARES	M40/44	01:38:28	00:21:20	00:01:29	00:40:02	00:02:11	00:33:25
209	JEAN SOUZA LEITE	M45/49	01:38:29	00:22:41	00:02:34	00:38:24	00:03:38	00:31:10
210	LUCIANO JOSE DA SILVA	M45/49	01:38:35	00:22:56	00:03:06	00:38:20	00:03:29	00:30:42
211	MARCELO GUEDES DE SALLES	M50/54	01:38:39	00:25:12	00:03:10	00:41:37	00:02:02	00:26:37
212	LUCAS MARTINS VOLCATI DE ALMEIDA	M25/29	01:38:41	00:16:15	00:02:01	00:48:52	00:02:03	00:29:27
213	ANDRE RABELLO FERREIRA	M50/54	01:38:43	00:15:24	00:02:32	00:44:15	00:03:30	00:33:00

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
214	JAYME FERNANDES JUNIOR	M45/49	01:38:47	00:18:31	00:02:51	00:43:34	00:01:52	00:31:56
215	PEDRO HENRIQUE DA SILVA MORENO	M25/29	01:38:58	00:20:51	00:01:21	00:42:45	00:02:22	00:31:37
216	GUSTAVO GATTI CUZZUOL	M35/39	01:39:03	00:19:53	00:02:12	00:41:52	00:02:37	00:32:27
217	ERNANDES BELTRAME PEREIRA	M40/44	01:39:18	00:21:17	00:02:30	00:41:48	00:03:32	00:30:09
218	GUSTAVO SIPOLATTI	M45/49	01:39:18	00:16:29	00:03:23	00:42:49	00:02:50	00:33:45
219	WANDERSON BELTRAME	M40/44	01:39:18	00:21:16	00:02:25	00:40:02	00:05:24	00:30:09
220	MARCOS MUNIZ MOREIRA DA SILVA	M25/29	01:39:21	00:22:30	00:02:10	00:45:11	00:03:14	00:26:14
221	GABRIEL VELLOSO CORREA	M18/19	01:39:29	00:14:55	00:04:29	00:46:59	00:04:24	00:28:41
222	PEDRO HENRIQUE CAMPOS TOSTA	M25/29	01:39:34	00:16:53	00:01:39	00:43:46	00:02:29	00:34:45
223	GUILHERME DIAS FILHO	M30/34	01:40:00	00:17:03	00:03:15	00:44:17	00:02:53	00:32:31
224	JULIO SERGIO ZEFERINO LUCAS	M55/59	01:40:19	00:19:38	00:04:34	00:45:39	00:02:59	00:27:28
225	THIAGO ANTONIO XAVIER ZEFERINO	M30/34	01:40:19	00:21:30	00:01:33	00:44:57	00:03:06	00:29:11
226	THIAGO PRALON NASCIMENTO	M35/39	01:40:21	00:24:02	00:01:30	00:45:36	00:02:12	00:26:59
227	MARCELLO ANTONIO CHAVES CORREA	M45/49	01:40:50	00:19:33	00:03:15	00:43:45	00:02:07	00:32:08
228	VINICIUS FIGUEIREDO COELHO SOARES OLIVEIRA	M25/29	01:40:51	00:22:48	00:03:12	00:43:29	00:01:51	00:29:29
229	FELIPE FINAMORE SIMONI	M45/49	01:41:04	00:20:16	00:03:42	00:40:41	00:03:57	00:32:26
230	DANIEL ALVES DE MORAIS CRUZ	M20/24	01:41:12	00:23:58	00:03:45	00:40:56	00:03:10	00:29:22
231	GEOVANI DE JESUS OLIVEIRA	M40/44	01:41:15	00:16:56	00:02:32	00:43:46	00:04:28	00:33:30
232	FABIO BRAZ DE AZEVEDO FILHO	M35/39	01:41:24	00:19:52	00:02:14	00:45:40	00:03:27	00:30:08
233	OSWALDO SILVA JR	M55/59	01:41:35	00:21:43	00:02:24	00:43:48	00:03:08	00:30:31
234	GERBSON TEIXEIRA SALES	M35/39	01:41:47	00:18:51	00:01:33	00:47:47	00:02:47	00:30:46
235	ALFREDO GRIGOREVSKI NETO	M45/49	01:42:01	00:18:41	00:02:48	00:44:55	00:02:48	00:32:47
236	LUCAS GUIMARAES	M35/39	01:42:09	00:19:08	00:01:49	00:54:03	00:03:13	00:23:54
237	RAFAEL AMADO SILVA	M40/44	01:42:16	00:19:50	00:01:36	00:46:38	00:01:54	00:32:15
238	GABRIEL DE SOUZA PAULI	M35/39	01:42:18	00:17:48	00:02:54	00:46:11	00:02:10	00:33:13
239	FELIPE CYPRIANO DOS SANTOS	M40/44	01:42:28	00:22:34	00:03:01	00:45:41	00:03:01	00:28:09
240	GIANLUCA MAROTTA	M30/34	01:42:33	00:21:40	00:02:48	00:46:21	00:01:47	00:29:55
241	DANIEL ALMEIDA DE SOUZA	M40/44	01:42:34	00:22:30	00:05:10	00:43:14	00:03:40	00:27:57
242	DIEGO DE OLIVEIRA BOTELHO	M20/24	01:42:37	00:19:09	00:01:49	00:44:13	00:03:01	00:34:24
243	MARCELLO CAPUCHO	M45/49	01:42:38	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
244	MATHEUS VIDAL GRUNEWALD	M30/34	01:42:44	00:17:32	00:02:11	00:43:19	00:02:38	00:37:03
245	WILLY MURI THOMPSON	M45/49	01:42:51	00:17:01	00:02:15	00:42:42	00:02:57	00:37:54
246	KALIL MOLINARI SILVA	M35/39	01:42:56	00:30:25	00:05:15	00:39:14	00:04:17	00:23:44
247	RAMON ABRAHAO SILVA	M30/34	01:43:34	00:21:27	00:04:37	00:47:20	00:02:58	00:27:10
248	RONALDO VALADARES CASTRO	M45/49	01:43:37	00:22:30	00:01:19	00:40:16	00:02:56	00:36:33
249	PEDRO GERMANO ARAUJO	M35/39	01:43:46	00:18:38	00:03:23	00:44:30	00:02:52	00:34:21
250	MATHEUS CRAVO ROCHA	M25/29	01:43:53	00:23:44	00:02:23	00:46:33	00:02:07	00:29:04
251	RICARDO OSCAR PRIORE	M70/74	01:44:07	00:17:23	00:02:55	00:42:52	00:03:17	00:37:38
252	JOSUE BENVINDO DE SOUZA	M65/69	01:44:16	00:23:03	00:03:09	00:49:01	00:02:47	00:26:14
253	MARLUS MURI THOMPSON	M50/54	01:44:20	00:18:51	00:01:30	00:49:13	00:02:48	00:31:56
254	ALBERTO MILED MONTEIRO	M65/69	01:44:37	00:19:36	00:02:46	00:48:32	00:02:01	00:31:41
255	PEDRO HENRIQUE SEPULVIDA DA SILVA	M20/24	01:44:40	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
256	MARCUS VASCONCELLOS GONCALVES DE JESUS	M45/49	01:45:15	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
257	THIAGO LISBOA DE JESUS TAVEIRA	M40/44	01:45:20	00:18:05	00:02:15	00:43:57	00:03:25	00:37:37

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258	NATHAN COSTA DA FONSECA	M25/29	01:45:25	00:19:17	00:08:09	00:42:06	00:03:03	00:32:48
259	EMERSON CASTRO	M50/54	01:45:30	00:27:52	00:01:20	00:45:04	00:03:19	00:27:54
260	CARLOS PETTENE DE ARAUJO	M30/34	01:45:39	00:26:02	00:01:26	00:40:23	00:04:28	00:33:17
261	VASCO ALVES DE OLIVEIRA NETO	M50/54	01:45:39	00:22:06	00:04:56	00:45:31	00:03:35	00:29:30
262	THIAGO PEREIRA MALAQUIAS	M40/44	01:45:41	00:20:27	00:02:12	00:44:22	00:02:55	00:35:44
263	MARCOS DORNELAS FREITAS MACHADO E SILVA	M40/44	01:45:54	00:18:34	00:03:23	00:50:05	00:02:27	00:31:23
264	JESUS MARTINS GODOY SOBRINHO	M40/44	01:46:36	00:24:30	00:03:38	00:44:30	00:03:20	00:30:36
265	THALES BERGANTINI	M25/29	01:46:55	00:21:42	00:01:50	00:49:03	00:04:50	00:29:29
266	FABRICIO RESENDE FONSECA	M45/49	01:47:08	00:23:24	00:01:14	00:43:50	00:03:12	00:35:26
267	CAIO PIN	M35/39	01:47:59	00:24:13	00:05:55	00:46:35	00:02:53	00:28:21
268	ITAMAR DE OLIVEIRA PACHECO FILHO	M60/64	01:48:01	00:17:18	00:03:14	00:47:32	00:03:11	00:36:45
269	LUIZ GUSTAVO RIBEIRO SIMOES	M45/49	01:48:08	00:19:03	00:03:08	00:44:51	00:03:35	00:37:29
270	DANIEL CARDOSO ESPINDOLA	M40/44	01:48:12	00:23:42	00:01:11	00:48:56	00:02:07	00:32:14
271	NELSON ANDRE SANTOS	M40/44	01:49:02	00:27:40	00:01:27	00:46:03	00:03:47	00:30:03
272	DOUGLAS CARDOSO FERREIRA	M40/44	01:49:03	00:31:59	00:03:24	00:43:21	00:03:01	00:27:16
273	MARCOS GABRIEL LOPES	M20/24	01:49:08	00:27:03	00:04:47	00:44:08	00:02:59	00:30:08
274	JUAN CARLOS MONTELEONE	M60/64	01:49:09	00:23:06	00:02:31	00:48:40	00:02:30	00:32:21
275	MARIVALDO ROSA BARBOSA	M50/54	01:50:01	00:24:50	00:03:08	00:46:57	00:03:42	00:31:22
276	JOÃO PAULO CARNEIRO DE ANDRADE	M30/34	01:50:11	00:19:26	00:05:03	00:50:17	00:03:31	00:31:52
277	RINALDO DE ANDRADE	M25/29	01:50:15	00:25:19	00:03:54	00:51:14	00:01:25	00:28:21
278	THIAGO PIMENTEL	M40/44	01:50:58	00:24:07	00:03:27	00:51:20	00:02:42	00:29:20
279	MARCO TULIO SCHEPIERSKI JORIO	M35/39	01:51:17	00:22:01	00:02:31	00:48:55	00:02:53	00:34:55
280	JOÃO PEDRO ALVES DE SOUSA	M25/29	01:51:19	00:23:33	00:02:46	00:52:13	00:02:35	00:30:09
281	MARCOS AURELIO LACERDA DA FONSECA	M50/54	01:52:48	00:19:16	00:06:38	00:46:56	00:02:33	00:37:23
282	FABIO SANTOS	M25/29	01:52:50	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
283	LUIZ AUGUSTO AMARAL MELO NUNES	M40/44	01:53:04	00:19:54	00:03:48	00:48:32	00:02:49	00:38:00
284	RODRIGO SIMOES VAILLANT	M45/49	01:55:34	00:27:15	00:02:40	00:50:45	00:02:53	00:31:59
285	DEOMAR PEREIRA	M75/79	01:55:45	00:19:47	00:03:25	00:50:59	00:07:17	00:34:14
286	PABLO LOBATO RAMOS	M45/49	01:55:53	00:19:35	00:03:31	00:51:04	00:02:53	00:38:48
287	LARRYSON SABINO NEVES	M25/29	01:55:56	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
288	JOÃO ALBERTO MAIA LINHARES	M40/44	01:56:19	00:19:52	00:03:21	00:51:41	00:02:44	00:38:38
289	ALEXANDRE BICALHO SATLER	M40/44	01:56:44	00:26:45	00:02:50	00:50:02	00:02:57	00:34:10
290	RENATO PAIVA CAMPOS	M55/59	01:57:01	00:23:42	00:04:38	00:49:18	00:03:42	00:35:39
291	FLORIS UYTENHOVE	M35/39	01:57:07	00:24:50	00:05:10	00:53:00	00:02:01	00:32:04
292	JULIO CESAR LAMPIER ENTRINGER	M30/34	01:57:32	00:21:51	00:01:20	00:56:40	00:02:04	00:35:36
293	RAFAEL MANJARES LEAO	M40/44	01:57:57	00:26:39	00:04:49	00:50:40	00:04:02	00:31:45
294	DANIEL RODRIGUES NAZARETH	M40/44	01:57:59	00:27:03	00:02:02	00:50:53	00:03:10	00:34:48
295	MILTON FURTADO	M55/59	01:58:19	00:19:47	00:02:24	00:55:30	00:02:33	00:38:03
296	RAPHAEL PINTO NUNES	M35/39	01:58:23	00:17:39	00:05:02	00:52:10	00:03:49	00:39:41
297	GABRIEL TAVARES OLIVEIRA	M25/29	01:58:43	00:24:03	00:02:12	00:49:51	00:04:20	00:38:14
298	GLAUCIO GOMES DA SILVA	M60/64	01:58:45	00:22:47	00:03:51	00:50:48	00:03:13	00:38:03
299	NATAN SIMOES OLIVEIRA MORENO	M30/34	01:59:13	00:37:30	00:04:04	00:41:50	00:03:44	00:32:02
300	MARCELO RODRIGUES CRESPO	M50/54	01:59:45	00:20:40	00:04:24	00:53:38	00:03:12	00:37:50
301	JULIO RAMINHO	M35/39	02:01:00	00:24:03	00:02:56	00:55:42	00:03:02	00:35:16

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
302	VALDEANO NEVES ESPINDULA	M30/34	02:02:16	00:32:13	00:01:31	00:50:18	00:03:39	00:34:33
303	MARCO ANTONIO LAZARONI VALLI	M40/44	02:03:13	00:22:32	00:04:13	00:52:01	00:03:48	00:40:38
304	THEO SIDOR PINAUD RODRIGUES	M18/19	02:04:44	00:23:05	00:04:47	00:57:07	00:03:04	00:36:40
305	MAURICIO CARVALHO XAVIER	M50/54	02:05:26	00:31:47	00:02:43	00:48:44	00:02:47	00:39:23
306	MICHEL PESSOA	M40/44	02:05:28	00:38:48	00:04:12	00:48:40	00:03:49	00:29:56
307	THIAGO BRUNO SOUSA	M40/44	02:05:37	00:37:36	00:04:04	00:45:26	00:03:26	00:35:02
308	LEONARDO LEVI CORREA DE ALMEIDA	M35/39	02:07:24	00:27:07	00:05:15	00:51:21	00:06:01	00:37:38
309	BERNARDO DEPOLLO LEITE	M25/29	02:09:15	00:24:00	00:06:57	01:00:33	00:02:36	00:35:08
310	RICARDO OTTO LYRA FERNANDES	M35/39	02:10:29	00:17:50	00:04:46	00:54:22	00:03:31	00:49:59
311	FABIO ADRIANI PEREIRA ROCHA	M50/54	02:11:28	00:22:04	00:03:53	00:55:37	00:02:57	00:46:55
312	NERONI ALVES CORDEIRO JUNIOR	M45/49	02:11:33	00:40:26	00:07:22	00:42:21	00:05:57	00:35:25
313	JAIR BARBOSA FILHO	M70/74	02:12:01	00:28:25	00:05:44	00:54:05	00:03:55	00:39:50
314	ANTONIO CARLOS GONCALVES GROSSI JUNIOR	M40/44	02:13:00	00:23:53	00:08:08	00:57:47	00:06:00	00:37:10
315	FELIPE SILVA FAGUNDES	M35/39	02:55:42	00:32:32	00:04:27	01:17:06	00:05:13	00:56:22
316	ANTONIO JOSÉ DAFLAN	M40/44	03:43:38	00:42:01	00:02:38	01:14:49	00:02:30	01:41:37

Feminino

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MARIA CLARA DE ALMEIDA	F25/29	01:12:23	00:11:31	00:01:07	00:36:24	00:01:11	00:22:08
2	ISABELA CHEN	F40/44	01:13:07	00:14:24	00:01:02	00:35:10	00:01:13	00:21:16
3	MARINA BERTI	F35/39	01:15:01	00:12:11	00:00:59	00:36:25	00:01:15	00:24:09
4	NATHALIA TARDIN	F35/39	01:15:23	00:15:18	00:00:58	00:35:18	00:01:12	00:22:34
5	LILA TAVARES	F45/49	01:16:31	00:11:34	00:01:00	00:36:30	00:01:17	00:26:08
6	SOPHIA AGUIAR NICCHIO	F18/19	01:16:57	00:12:28	00:01:07	00:36:58	00:01:13	00:25:09
7	MARIA CLARA ASSAD TEIXEIRA VARGAS	F25/29	01:18:20	00:15:46	00:00:55	00:36:03	00:01:26	00:24:09
8	ANDRESSA DOS REIS MIANA	F25/29	01:20:37	00:14:25	00:01:00	00:38:30	00:01:31	00:25:09
9	LETICIA CRISTINA GOMES PARIZZI	F30/34	01:22:31	00:15:50	00:02:05	00:38:31	00:01:45	00:24:19
10	DANIELA ABADE	F50/54	01:22:46	00:15:13	00:01:21	00:37:47	00:01:54	00:26:29
11	LARA HEMERLY CINTRA MAGNAGO	F25/29	01:22:58	00:15:43	00:01:33	00:39:50	00:01:47	00:24:03
12	LARISSA BARCELLOS VIANA PEREIRA	F30/34	01:23:14	00:16:02	00:01:10	00:41:53	00:02:04	00:22:03
13	CLARA GONCALVES RUSCHI	F20/24	01:24:07	00:14:35	00:01:12	00:38:44	00:01:50	00:27:44
14	VIVIANNE OTTO DE ALMEIDA	F25/29	01:24:30	00:15:20	00:01:01	00:38:13	00:01:45	00:28:09
15	PAULA MELLO E SILVA RAMOS	F35/39	01:24:43	00:14:24	00:01:40	00:39:45	00:01:49	00:27:03
16	GABRIELLA PANDOLFI	F35/39	01:25:08	00:14:32	00:02:10	00:40:26	00:01:20	00:26:37
17	REBEKA KELLY CALIXTO	F35/39	01:25:41	00:17:48	00:02:52	00:36:53	00:02:32	00:25:35
18	ALANA BINDA SILVA COSTA	F35/39	01:25:54	00:17:29	00:01:05	00:39:20	00:01:34	00:26:25
19	MARIANA CANICALI TOGNERI A PAGANINI	F30/34	01:25:56	00:16:56	00:01:18	00:40:57	00:01:42	00:25:01
20	ISABELLA CABRAL DE SOUZA	F25/29	01:26:06	00:17:54	00:01:31	00:38:30	00:01:47	00:26:21
21	VIVIANE WIGAND GODINHO SADER	F40/44	01:26:10	00:17:45	00:00:59	00:40:09	00:01:25	00:25:51
22	SILVANA THEBALDI	F55/59	01:26:15	00:17:42	00:01:17	00:38:50	00:01:38	00:26:46
23	KEICYANE REIS SILVA	F25/29	01:27:21	00:17:10	00:01:03	00:42:28	00:01:52	00:24:46
24	ADRIANA DE JESUS NOTAROBERTO	F40/44	01:27:26	00:17:31	00:01:29	00:39:31	00:02:10	00:26:44
25	VITORIA FAGUNDES MOSCON	F20/24	01:27:47	00:13:06	00:01:45	00:43:04	00:01:42	00:28:08
26	NAIARA ROCHA	F30/34	01:29:06	00:16:07	00:01:27	00:38:50	00:02:48	00:29:51

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
27	LIVIA FONTES MACHADO	F30/34	01:29:23	00:16:14	00:02:06	00:40:49	00:01:31	00:28:41
28	JULIANA DE FREITAS CORDEIRO CUSTODIO	F45/49	01:29:26	00:17:45	00:02:18	00:00:00	00:00:00	00:00:00
29	CAROLINA LUIZ DE FREITAS	F40/44	01:29:33	00:17:52	00:02:03	00:43:07	00:02:07	00:24:22
30	MARISOL DE CASSIA PEREIRA	F40/44	01:29:51	00:19:00	00:01:07	00:40:10	00:01:43	00:27:49
31	HANNA MACIEL LOUBAK	F30/34	01:30:58	00:18:35	00:01:55	00:39:55	00:01:56	00:28:34
32	LUNA BARRETO CODECO EDUARDO	F35/39	01:31:00	00:17:31	00:02:21	00:40:31	00:02:59	00:27:37
33	CAROLINY BENETTI COSTA	F35/39	01:32:52	00:20:14	00:01:22	00:43:52	00:02:11	00:25:12
34	BARBARA MONTEIRO SOFIA	F45/49	01:32:56	00:16:59	00:02:08	00:42:02	00:02:39	00:29:06
35	GABRIELA CARLA SILVA DE SOUZA	F30/34	01:34:01	00:15:46	00:02:01	00:44:37	00:03:06	00:28:29
36	SARAH ABOUL	F25/29	01:34:51	00:16:04	00:02:39	00:43:47	00:02:57	00:29:22
37	FLAVIA GONFERR	F40/44	01:34:57	00:19:07	00:03:16	00:43:23	00:03:15	00:25:54
38	SIBIAKAREN RIBEIRO BOZETTI	F45/49	01:35:19	00:22:21	00:01:12	00:40:13	00:03:35	00:27:56
39	THUANE ELIZE BATISTA	F40/44	01:35:24	00:18:06	00:01:48	00:44:57	00:02:20	00:28:11
40	CINTHIA DAVID GOMES	F40/44	01:35:28	00:18:09	00:02:44	00:44:33	00:02:49	00:27:10
41	LIVIANE DA SILVA XAVIER	F35/39	01:35:38	00:18:37	00:01:49	00:44:10	00:02:13	00:28:47
42	MARIANA LIDIA RODRIGUES TEIXEIRA	F35/39	01:35:45	00:16:33	00:01:39	00:44:56	00:02:44	00:29:51
43	PAOLA DE OLIVEIRA MENDES	F40/44	01:35:48	00:17:15	00:01:55	00:44:53	00:02:58	00:28:45
44	MARINA CAMILO NEGREIROS LYRIO	F35/39	01:35:56	00:16:01	00:01:56	00:44:45	00:03:11	00:30:01
45	FERNANDA SEITH RIBEIRO	F35/39	01:36:13	00:20:51	00:01:27	00:43:03	00:02:33	00:28:16
46	DANIELA HEMERLY EMERY CADE	F35/39	01:36:17	00:17:10	00:02:21	00:46:32	00:01:57	00:28:16
47	MARILA BALARINE	F35/39	01:36:30	00:21:25	00:02:20	00:43:25	00:02:34	00:26:45
48	MARCIELI FERNANDA MIGUEL	F40/44	01:36:46	00:20:52	00:01:19	00:45:29	00:02:07	00:26:57
49	ADA ROMANEL	F40/44	01:37:01	00:22:31	00:01:30	00:44:42	00:02:50	00:25:26
50	KARINE VIEIRA BALLA	F35/39	01:37:05	00:19:42	00:02:06	00:45:20	00:02:11	00:27:45
51	BRUNELA VIEIRA DE VINCENZI	F50/54	01:37:17	00:19:21	00:02:06	00:41:37	00:02:01	00:32:10
52	ISABELLE SCHWAN HONORATO	F35/39	01:37:34	00:18:54	00:02:49	00:46:08	00:02:21	00:27:19
53	LUANA MORELLATO	F40/44	01:37:37	00:16:17	00:01:48	00:49:00	00:02:05	00:28:25
54	LAIS SARMENTO GAMA KOPPE	F35/39	01:38:05	00:17:52	00:01:39	00:46:58	00:01:40	00:29:55
55	IVANA CARVALHO SILVA ARAUJO MAGALHAES	F50/54	01:39:23	00:20:27	00:01:20	00:44:06	00:02:41	00:30:47
56	WANIA LUCIA DA SILVA MARTINS AUTOMARE	F50/54	01:39:39	00:20:12	00:02:24	00:43:22	00:02:19	00:31:20
57	JULIA PITANGUI SILVA	F30/34	01:39:49	00:19:31	00:01:27	00:48:03	00:02:45	00:28:01
58	DANIELLE DIAS VILELA LIMA	F45/49	01:39:51	00:19:22	00:04:00	00:45:21	00:02:56	00:28:10
59	JULYANNA CRUZ FRANCA	F40/44	01:39:58	00:19:21	00:01:30	00:48:15	00:02:50	00:28:01
60	LETICIA EMERICK BANDEIRA	F25/29	01:40:08	00:20:14	00:01:42	00:46:53	00:02:54	00:28:24
61	DEBORAH ROMANO BERNARDES	F40/44	01:40:50	00:20:27	00:02:20	00:43:45	00:05:21	00:28:56
62	POLYANA POLICARPO DA SILVA	F35/39	01:41:25	00:20:15	00:03:12	00:42:10	00:02:58	00:32:47
63	CAMILA NANI DINIZ SILVA	F35/39	01:41:27	00:19:16	00:04:39	00:46:09	00:03:12	00:28:10
64	ANGELICA AMARAL FERNANDES	F35/39	01:41:46	00:27:17	00:02:48	00:43:34	00:02:49	00:25:16
65	LAURA FERREIRA CEOLIN	F25/29	01:41:51	00:18:50	00:03:09	00:48:14	00:02:47	00:28:49
66	POLYANA CARDOSO MOREIRA	F35/39	01:41:56	00:29:28	00:02:40	00:40:38	00:02:07	00:27:00
67	HALANA COUTINHO VAZ	F25/29	01:42:04	00:17:19	00:01:02	00:55:09	00:01:18	00:27:15
68	JULIA SOFIA SILVA	F20/24	01:42:04	00:18:21	00:01:44	00:46:27	00:02:42	00:32:47
69	ELAINE SILVEIRA DO NASCIMENTO	F55/59	01:42:07	00:18:06	00:03:39	00:45:14	00:02:52	00:32:14
70	RAIELE BRANDT RUCKDESCHEL	F30/34	01:42:10	00:28:01	00:02:15	00:41:08	00:02:06	00:28:38

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71	CRISTINA FRACALLOSSI BARBIERI	F50/54	01:43:13	00:19:18	00:02:24	00:47:15	00:02:29	00:31:44
72	ERICA KANDA BOECHEM	F40/44	01:43:21	00:26:31	00:02:33	00:39:08	00:02:28	00:32:39
73	JULIANA ASSIS DE ARAUJO	F40/44	01:43:53	00:19:19	00:02:58	00:49:42	00:01:57	00:29:55
74	NIVIA DE SOUSA PEREIRA	F40/44	01:44:41	00:22:20	00:02:03	00:46:53	00:01:57	00:31:24
75	LAURA SILVEIRA VIEIRA SALLES	F35/39	01:44:49	00:16:29	00:01:54	00:50:24	00:02:50	00:33:09
76	VICTORIA CAROLINE DANIELLI DA SILVA	F25/29	01:45:18	00:20:49	00:02:39	00:47:55	00:03:16	00:30:38
77	SAMILA FERREIRA	F35/39	01:45:33	00:18:40	00:01:58	00:48:14	00:02:52	00:33:48
78	HINGRID XIMENES SILVA	F35/39	01:46:09	00:26:11	00:02:36	00:44:17	00:01:58	00:31:04
79	VALQUIRIA GOMES SANTANA AREAS	F50/54	01:46:26	00:20:56	00:03:53	00:46:32	00:04:24	00:30:38
80	ELCI PRISCILA DE JESUS BICALHO	F40/44	01:46:28	00:21:53	00:03:24	00:47:51	00:02:31	00:30:47
81	CAROLINNE GOES TAVARES	F45/49	01:47:01	00:20:16	00:02:23	00:48:37	00:02:40	00:33:02
82	RENATA ZAGO SOEIRO	F45/49	01:47:11	00:18:24	00:03:25	00:53:46	00:02:12	00:29:22
83	SUZIELLEN DAMASCENO AZEVEDO	F30/34	01:47:43	00:22:25	00:01:16	00:50:25	00:02:22	00:31:14
84	DANIELA GOMES DE REZENDE AZEVEDO	F30/34	01:48:42	00:26:07	00:02:38	00:48:20	00:02:24	00:29:11
85	ROBERTA BERTOANI FIENI	F40/44	01:49:07	00:17:24	00:01:51	00:59:46	00:02:20	00:27:44
86	MARIA BEATRIZ SCHOTT	F30/34	01:49:13	00:21:41	00:03:06	00:53:49	00:03:50	00:26:45
87	ALICE DE ALMEIDA TEIXEIRA THOME SARDINHA	F40/44	01:50:13	00:22:48	00:03:47	00:49:38	00:02:03	00:31:55
88	MARIANE FERRER	F30/34	01:50:29	00:21:13	00:04:11	00:48:48	00:05:12	00:31:02
89	CATEREN FARIAS FONTOURA	F35/39	01:50:44	00:22:57	00:02:17	00:52:22	00:02:44	00:30:21
90	BIANCA PAES	F35/39	01:51:50	00:19:43	00:02:57	00:53:36	00:02:53	00:32:38
91	ZILEIDE BARROS TORRES	F60/64	01:52:25	00:22:36	00:03:16	00:49:58	00:03:22	00:33:11
92	PATRICIA CATARINA FERNANDES NUNES COELHO	F30/34	01:52:27	00:21:14	00:01:56	00:54:37	00:04:24	00:30:15
93	THAIS SANTOS MOREIRA	F30/34	01:53:22	00:23:27	00:02:45	00:52:33	00:03:19	00:31:15
94	CARLA TAIZA PEREIRA	F50/54	01:55:39	00:22:47	00:02:14	00:54:08	00:02:24	00:34:04
95	JOANIE RIBEIRO GOMES SILOTTI	F35/39	01:57:13	00:23:34	00:03:20	00:58:56	00:02:08	00:29:12
96	MARIA CLARA SILVA VIANA	F25/29	01:58:37	00:21:02	00:03:29	00:56:18	00:02:57	00:34:49
97	KAMILA CARVALHO PEREIRA	F25/29	01:59:34	00:23:06	00:03:19	00:56:03	00:03:22	00:33:43
98	REGINA CARDOSO MORANDI	F60/64	01:59:53	00:23:31	00:01:38	00:52:53	00:03:33	00:38:17
99	RENATA KAROLYNE BRASIL FRANCA	F45/49	02:00:19	00:27:46	00:05:06	00:50:22	00:02:48	00:34:16
100	ESTHER ANDRADE BRASIL	F35/39	02:00:41	00:21:15	00:03:36	00:55:18	00:04:22	00:36:08
101	PATRICIA GARCIA DE ANDRADE	F30/34	02:00:50	00:31:31	00:02:19	00:52:57	00:05:00	00:29:01
102	MARCELA CASTRO LAGE	F45/49	02:01:32	00:35:56	00:01:28	00:53:49	00:02:19	00:27:58
103	MONICA BERMUDES MEDINA PRETTI	F50/54	02:02:37	00:22:52	00:04:27	00:56:36	00:03:58	00:34:42
104	BRENDA DUARTE PENIDO	F25/29	02:03:10	00:21:19	00:04:18	00:57:00	00:02:28	00:38:02
105	LIVIA NONATO	F40/44	02:03:41	00:20:46	00:05:58	00:59:03	00:05:03	00:32:49
106	TATIANA RODRIGUES DA SILVA	F45/49	02:03:46	00:22:46	00:04:33	00:58:34	00:02:48	00:35:02
107	ELAINA TOSTES	F45/49	02:03:53	00:20:16	00:04:08	00:54:26	00:02:41	00:42:19
108	SHEILA ESPICALSKY	F50/54	02:04:01	00:24:24	00:01:13	00:55:39	00:03:51	00:38:52
109	CANDICE ALTINO PERES MACHADO	F55/59	02:04:58	00:18:33	00:02:17	01:11:32	00:02:51	00:29:44
110	CAROLINE FLAUSINO ROCHA PINTO	F30/34	02:04:59	00:23:05	00:04:00	01:00:53	00:06:05	00:30:54
111	FLORINDA ANTUNES ASSAD VAILLANT	F45/49	02:05:32	00:28:03	00:02:36	00:54:36	00:02:28	00:37:45
112	THAIS CARDOSO GUERRA	F35/39	02:05:56	00:36:23	00:03:37	00:46:58	00:03:38	00:35:18
113	JULIANA CRISTINA DOS SANTOS DE ANDRADE	F35/39	02:06:24	00:23:50	00:02:25	01:00:01	00:02:01	00:38:05
114	BIANCA OLIVEIRA PASSOS ROCHA	F45/49	02:07:28	00:26:15	00:03:52	00:59:30	00:02:39	00:35:10

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
115	NARA CAROLINA MATEUS RABELLO BARBOSA	F45/49	02:08:01	00:48:07	00:04:53	00:41:55	00:03:41	00:29:24
116	TRANKINE RODRIGUES DOS SANTOS	F30/34	02:08:17	00:30:44	00:03:49	00:51:41	00:03:32	00:38:30
117	GISELE REGINA HWANG	F50/54	02:08:21	00:21:41	00:04:05	00:55:11	00:03:42	00:43:41
118	GABRIELA VIANA SOARES	F35/39	02:08:47	00:32:53	00:03:24	00:56:42	00:01:57	00:33:50
119	KEILA FRANCIS SOUSA UZAI	F35/39	02:11:14	00:30:01	00:05:13	00:58:00	00:05:50	00:32:08
120	ANA PAULA DE OLIVEIRA	F30/34	02:11:17	00:30:47	00:03:17	00:59:12	00:02:18	00:35:41
121	MAYRA LAZARONE BARROS	F20/24	02:11:42	00:22:49	00:02:10	00:53:04	00:02:51	00:50:46
122	LIVIA CORREA DOS SANTOS	F20/24	02:11:50	00:44:32	00:04:16	00:41:45	00:03:55	00:37:20
123	TAINA BONFIM PEREIRA GUSMÃO	F40/44	02:13:00	00:23:58	00:03:02	01:00:28	00:03:36	00:41:55
124	GABRIELLY FROMHOLZ SILVA	F30/34	02:13:39	00:29:38	00:02:37	00:52:53	00:05:10	00:43:20
125	LUCITANE NEIVA GOMES	F50/54	02:13:45	00:29:14	00:05:03	00:58:32	00:04:02	00:36:53
126	NAYANA GALAVOTTI DE CARVALHO	F35/39	02:14:52	00:21:37	00:03:28	01:03:33	00:03:24	00:42:49
127	LARISSA SILVA DE ANDRADE	F30/34	02:15:44	00:28:55	00:07:36	00:55:48	00:04:31	00:38:52
128	SARA SOARES MARQUES	F60/64	02:16:53	00:23:46	00:03:15	01:00:37	00:02:45	00:46:28
129	ALLANA SOUSA PINHEIRO MUNIZ	F40/44	02:21:01	00:39:17	00:05:12	00:58:18	00:02:40	00:35:33
130	EVANIA BEATRIZ DE SOUZA CABRAL	F50/54	02:28:32	00:48:08	00:05:54	00:54:25	00:04:57	00:35:06

M16/17

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISRAEL ALCANTARA SERVIN	M16/17	01:11:10	00:12:59	00:00:53	00:36:04	00:00:59	00:20:13

M18/19

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	RODRIGO SAMORINI	M18/19	01:20:10	00:14:15	00:00:55	00:36:50	00:01:26	00:26:41
2	BERNARDO SILLER DA PENHA	M18/19	01:24:55	00:13:44	00:00:52	00:41:30	00:01:22	00:27:25
3	LUIS FELIPE SANTOS DE OLIVEIRA	M18/19	01:31:46	00:19:22	00:01:17	00:41:36	00:02:05	00:27:24
4	GABRIEL VELLOSO CORREA	M18/19	01:39:29	00:14:55	00:04:29	00:46:59	00:04:24	00:28:41
5	THEO SIDOR PINAUD RODRIGUES	M18/19	02:04:44	00:23:05	00:04:47	00:57:07	00:03:04	00:36:40

M20/24

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	RODRIGO DE CARVALHO COELHO	M20/24	01:02:30	00:11:02	00:00:45	00:31:09	00:01:03	00:18:29
2	ISMAEL OLIVEIRA DE JESUS ROZENO	M20/24	01:02:36	00:10:50	00:00:45	00:31:26	00:01:04	00:18:30
3	CESAR BRIOSCHI LOPES	M20/24	01:02:59	00:11:02	00:00:50	00:31:07	00:01:02	00:18:56
4	DANIEL GUIMARAES GODINHO	M20/24	01:04:15	00:10:57	00:01:00	00:31:01	00:01:27	00:19:48
5	LORENZO ERLER TREGNAGO	M20/24	01:08:33	00:12:20	00:00:57	00:33:23	00:01:02	00:20:49
6	GUSTAVO CAMPOS TOSTA	M20/24	01:23:57	00:16:40	00:01:25	00:36:50	00:01:29	00:27:31
7	GUILHERME NASCIMENTO DE ALMEIDA DOS	M20/24	01:26:14	00:23:12	00:01:21	00:36:16	00:02:13	00:23:09
8	BERNARDO GOMES MARTINS	M20/24	01:28:08	00:18:30	00:01:13	00:38:57	00:02:49	00:26:36
9	DANILO VESCOVI SFALSIM	M20/24	01:29:18	00:17:39	00:02:13	00:40:55	00:02:26	00:26:02
10	ANDRE VAZ	M20/24	01:32:49	00:22:18	00:02:32	00:40:36	00:02:21	00:25:01
11	SAMUEL LIMA L SILVA	M20/24	01:33:17	00:19:39	00:01:12	00:42:50	00:01:58	00:27:35
12	LUCAS HENRIQUE FERREIRA VERSIANI DE	M20/24	01:38:02	00:25:41	00:03:54	00:42:15	00:02:50	00:23:20
13	DANIEL ALVES DE MORAIS CRUZ	M20/24	01:41:12	00:23:58	00:03:45	00:40:56	00:03:10	00:29:22
14	DIEGO DE OLIVEIRA BOTELHO	M20/24	01:42:37	00:19:09	00:01:49	00:44:13	00:03:01	00:34:24

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
15	PEDRO HENRIQUE SEPULVIDA DA SILVA	M20/24	01:44:40	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
16	MARCOS GABRIEL LOPES	M20/24	01:49:08	00:27:03	00:04:47	00:44:08	00:02:59	00:30:08

M25/29

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ARTHUR AZEVEDO DOS SANTOS	M25/29	01:10:09	00:11:06	00:00:59	00:34:46	00:01:13	00:22:03
2	RENAN BRANDOLINI CHEQUETTO PEREIRA	M25/29	01:16:07	00:12:32	00:01:15	00:39:12	00:01:25	00:21:42
3	MARLON TORRES DA SILVA	M25/29	01:17:17	00:19:30	00:01:20	00:35:03	00:01:37	00:19:44
4	IDELSON CARLOS PENA JUNIOR	M25/29	01:20:03	00:17:24	00:01:08	00:36:25	00:01:39	00:23:24
5	NATHAN SOUZA	M25/29	01:21:31	00:14:49	00:01:28	00:37:33	00:01:15	00:26:24
6	PAULO HENRIQUE MELO BATISTA	M25/29	01:22:21	00:16:41	00:01:04	00:37:37	00:02:22	00:24:36
7	MIGUEL MAIA ALBUQUERQUE FORMOZO BERTANHA	M25/29	01:23:24	00:17:36	00:01:35	00:38:56	00:01:24	00:23:52
8	JEFFERSON OLIVEIRA SILVA	M25/29	01:26:06	00:21:54	00:01:43	00:37:27	00:01:56	00:23:05
9	LUCAS BALDIM DOS REIS	M25/29	01:27:02	00:16:23	00:01:10	00:42:53	00:02:34	00:23:59
10	MATEUS BIANCHINI FALCAO MONTEIRO	M25/29	01:27:17	00:21:51	00:01:57	00:39:05	00:01:39	00:22:43
11	EDUARDO VIEIRA	M25/29	01:27:29	00:16:59	00:01:46	00:39:57	00:02:02	00:26:43
12	JOÃO VITOR RAMOS DE OLIVEIRA	M25/29	01:28:14	00:18:30	00:01:52	00:42:04	00:03:07	00:22:39
13	CAIO LIGNANI DE MIRANDA BERMUDES	M25/29	01:28:50	00:17:45	00:01:19	00:39:09	00:01:55	00:28:40
14	ANDRE ZURLO BASSINI	M25/29	01:28:50	00:16:38	00:02:43	00:38:54	00:02:34	00:28:00
15	HEITOR MORAES BAIA	M25/29	01:28:57	00:16:16	00:01:03	00:43:59	00:01:32	00:26:05
16	DIEGO PONTES	M25/29	01:29:08	00:19:46	00:02:03	00:42:06	00:01:39	00:23:31
17	JUNIOR RODRIGUES	M25/29	01:29:21	00:20:49	00:02:58	00:39:54	00:01:50	00:23:46
18	MATHEUS CESAR DE SOUZA VIEIRA	M25/29	01:29:43	00:20:02	00:01:54	00:41:58	00:01:25	00:24:22
19	SAMUEL DAO SCHAIDER	M25/29	01:29:49	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
20	RODRIGO MEIRELES CORTES	M25/29	01:30:04	00:17:30	00:01:20	00:42:01	00:02:21	00:26:50
21	GABRIEL RIBEIRO CRIVILIN	M25/29	01:30:16	00:22:40	00:02:02	00:39:01	00:01:56	00:24:35
22	PEDRO ANTONIO DAVID JORGE GOMES PEREIRA	M25/29	01:30:18	00:17:46	00:02:44	00:44:06	00:02:35	00:23:05
23	ANTONIO DOS SANTOS RAMOS JUNIOR	M25/29	01:30:42	00:19:48	00:02:21	00:44:21	00:01:21	00:22:49
24	GUSTAVO SOARES GUEZ	M25/29	01:31:24	00:21:54	00:02:07	00:43:52	00:02:00	00:21:29
25	JOSUE LOZER BABILON	M25/29	01:31:26	00:21:30	00:02:57	00:43:44	00:01:38	00:21:35
26	LUCAS SOARES DE MATOS	M25/29	01:32:41	00:18:17	00:03:50	00:40:50	00:03:44	00:25:58
27	GABRIEL JUNIOR DUTRA	M25/29	01:33:50	00:13:46	00:02:22	00:44:47	00:02:07	00:30:46
28	LUCAS SANTOS FERREIRA	M25/29	01:34:30	00:18:21	00:02:26	00:41:13	00:01:54	00:30:34
29	ROMULO BRANDAO CASTRO JUNIOR	M25/29	01:37:29	00:25:21	00:01:21	00:43:06	00:02:33	00:25:06
30	LUCAS MARTINS VOLCATI DE ALMEIDA	M25/29	01:38:41	00:16:15	00:02:01	00:48:52	00:02:03	00:29:27
31	PEDRO HENRIQUE DA SILVA MORENO	M25/29	01:38:58	00:20:51	00:01:21	00:42:45	00:02:22	00:31:37
32	MARCOS MUNIZ MOREIRA DA SILVA	M25/29	01:39:21	00:22:30	00:02:10	00:45:11	00:03:14	00:26:14
33	PEDRO HENRIQUE CAMPOS TOSTA	M25/29	01:39:34	00:16:53	00:01:39	00:43:46	00:02:29	00:34:45
34	VINICIUS FIGUEIREDO COELHO SOARES OLIVEIRA	M25/29	01:40:51	00:22:48	00:03:12	00:43:29	00:01:51	00:29:29
35	MATHEUS CRAVO ROCHA	M25/29	01:43:53	00:23:44	00:02:23	00:46:33	00:02:07	00:29:04
36	NATHAN COSTA DA FONSECA	M25/29	01:45:25	00:19:17	00:08:09	00:42:06	00:03:03	00:32:48
37	THALES BERGANTINI	M25/29	01:46:55	00:21:42	00:01:50	00:49:03	00:04:50	00:29:29
38	RINALDO DE ANDRADE	M25/29	01:50:15	00:25:19	00:03:54	00:51:14	00:01:25	00:28:21
39	JOÃO PEDRO ALVES DE SOUSA	M25/29	01:51:19	00:23:33	00:02:46	00:52:13	00:02:35	00:30:09

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
40	FABIO SANTOS	M25/29	01:52:50	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
41	LARRYSON SABINO NEVES	M25/29	01:55:56	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
42	GABRIEL TAVARES OLIVEIRA	M25/29	01:58:43	00:24:03	00:02:12	00:49:51	00:04:20	00:38:14
43	BERNARDO DEPOLLO LEITE	M25/29	02:09:15	00:24:00	00:06:57	01:00:33	00:02:36	00:35:08

M30/34

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MATEUS MOREIRA BARROS	M30/34	01:16:11	00:16:44	00:01:17	00:35:42	00:01:31	00:20:54
2	VICTOR MUNIZ MOULIN PRATES	M30/34	01:17:01	00:15:35	00:01:25	00:36:44	00:01:12	00:22:04
3	JOÃO HADAD	M30/34	01:17:42	00:13:11	00:01:00	00:38:14	00:01:39	00:23:37
4	BRUNO VILELA ULOTT	M30/34	01:17:54	00:14:38	00:01:19	00:37:08	00:01:44	00:23:03
5	ADEMAR RABELO DE SOUZA	M30/34	01:21:51	00:16:02	00:01:40	00:36:55	00:01:53	00:25:19
6	LUIZ CLAUDIO DE SOUZA OLIVEIRA FILHO	M30/34	01:25:04	00:16:20	00:01:29	00:41:02	00:02:32	00:23:39
7	MATHEUS FERREIRA RANGEL DA ROCHA	M30/34	01:26:00	00:17:27	00:01:35	00:40:18	00:02:15	00:24:23
8	WALLACE DOS REIS LIMA SILVA	M30/34	01:28:19	00:14:58	00:01:18	00:39:41	00:02:41	00:29:38
9	VICTOR DE SOUZA MACIEL	M30/34	01:28:20	00:20:02	00:02:28	00:37:17	00:02:27	00:26:03
10	JUAN PERES AGUIAR	M30/34	01:28:27	00:17:09	00:03:05	00:42:31	00:02:39	00:23:01
11	LEONARDO ROBERTY	M30/34	01:29:58	00:20:06	00:02:26	00:39:53	00:03:09	00:24:23
12	BRUNO SCHMIDT	M30/34	01:30:34	00:23:40	00:01:32	00:37:51	00:02:18	00:25:11
13	AUGUSTO POTRATZ GUALBERTO	M30/34	01:31:19	00:21:08	00:02:10	00:41:12	00:01:54	00:24:54
14	RAMON DE MELLO NEVES NUNES	M30/34	01:31:29	00:17:37	00:01:34	00:44:56	00:02:06	00:25:14
15	BRUNO LORENZONI RUY	M30/34	01:34:11	00:18:09	00:02:35	00:44:35	00:01:53	00:26:58
16	ALEX GUSTAVO SILVEIRA REIS	M30/34	01:36:18	00:21:34	00:01:26	00:45:05	00:02:07	00:26:03
17	IGOR CORTAT DE OLIVEIRA	M30/34	01:36:32	00:22:15	00:02:47	00:42:27	00:02:26	00:26:34
18	CARLOS ARTHUR BRAGATTO DA GAMA	M30/34	01:37:16	00:17:51	00:02:03	00:44:48	00:02:59	00:29:33
19	HUGO MELO FALQUER	M30/34	01:37:22	00:19:48	00:01:54	00:42:59	00:02:05	00:30:34
20	GUILHERME DIAS FILHO	M30/34	01:40:00	00:17:03	00:03:15	00:44:17	00:02:53	00:32:31
21	THIAGO ANTONIO XAVIER ZEFERINO	M30/34	01:40:19	00:21:30	00:01:33	00:44:57	00:03:06	00:29:11
22	GIANLUCA MAROTTA	M30/34	01:42:33	00:21:40	00:02:48	00:46:21	00:01:47	00:29:55
23	MATHEUS VIDAL GRUNEWALD	M30/34	01:42:44	00:17:32	00:02:11	00:43:19	00:02:38	00:37:03
24	RAMON ABRAHAO SILVA	M30/34	01:43:34	00:21:27	00:04:37	00:47:20	00:02:58	00:27:10
25	CARLOS PETTENE DE ARAUJO	M30/34	01:45:39	00:26:02	00:01:26	00:40:23	00:04:28	00:33:17
26	JOÃO PAULO CARNEIRO DE ANDRADE	M30/34	01:50:11	00:19:26	00:05:03	00:50:17	00:03:31	00:31:52
27	JULIO CESAR LAMPIER ENTRINGER	M30/34	01:57:32	00:21:51	00:01:20	00:56:40	00:02:04	00:35:36
28	NATAN SIMOES OLIVEIRA MORENO	M30/34	01:59:13	00:37:30	00:04:04	00:41:50	00:03:44	00:32:02
29	VALDEANO NEVES ESPINDULA	M30/34	02:02:16	00:32:13	00:01:31	00:50:18	00:03:39	00:34:33

M35/39

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	FELIPE ANNUNCIATO CLAVIJO MARTINS	M35/39	01:04:56	00:11:03	00:00:43	00:31:09	00:01:02	00:20:58
2	ROMULO DOS SANTOS	M35/39	01:06:04	00:10:49	00:00:51	00:34:10	00:01:10	00:19:02
3	LYNNEKHER GENESIS FERNANDES DA SILVA	M35/39	01:07:00	00:12:43	00:00:55	00:32:59	00:01:05	00:19:17
4	JANDER MARTINS DE OLIVEIRA	M35/39	01:10:46	00:11:42	00:00:58	00:36:39	00:01:18	00:20:07
5	YURI NASCIMENTO NARIYOSHI	M35/39	01:13:08	00:13:45	00:01:03	00:34:23	00:01:15	00:22:41

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
6	LUCAS VON DOLLINGER SOUZA	M35/39	01:13:47	00:14:18	00:01:33	00:33:17	00:01:29	00:23:08
7	DIEGO FERRAZ	M35/39	01:15:12	00:14:43	00:01:19	00:36:15	00:01:22	00:21:33
8	RAFAEL SILVA	M35/39	01:15:19	00:14:42	00:01:12	00:35:17	00:01:39	00:22:26
9	GLAUCO BRITO SILVA OLIVEIRA	M35/39	01:15:22	00:14:31	00:01:04	00:35:35	00:01:22	00:22:48
10	TARCISIO JOSE BICALHO JUNIOR	M35/39	01:15:32	00:15:38	00:01:04	00:36:15	00:01:24	00:21:08
11	EVANDRO DOS SANTOS BECEVELLI	M35/39	01:17:32	00:15:14	00:01:15	00:36:32	00:01:37	00:22:51
12	VINICIUS VIZA DE OLIVEIRA	M35/39	01:17:49	00:16:33	00:01:10	00:35:54	00:01:24	00:22:45
13	FILIFE BAETA FERNANDES DE FREITAS	M35/39	01:18:37	00:16:38	00:01:46	00:35:23	00:02:15	00:22:33
14	FREDERICO FERREIRA	M35/39	01:19:09	00:15:40	00:01:38	00:36:35	00:01:42	00:23:32
15	VINICIUS MARTINS DE PAULA	M35/39	01:19:34	00:18:27	00:01:31	00:36:00	00:01:24	00:22:11
16	SAVIO RIBAS	M35/39	01:21:04	00:18:52	00:01:27	00:37:32	00:01:27	00:21:44
17	ULYSSES BERNARDO CHRIST SCHUNK	M35/39	01:22:39	00:17:51	00:01:23	00:34:31	00:02:05	00:26:46
18	JANILTON CUZZUOL BRANCO	M35/39	01:27:12	00:18:29	00:02:19	00:37:36	00:02:19	00:26:26
19	BRUNO LEITE	M35/39	01:27:33	00:16:54	00:02:38	00:37:56	00:02:18	00:27:46
20	DOUGLAS MEDEIROS DE LIMA	M35/39	01:27:55	00:16:29	00:02:02	00:38:54	00:02:33	00:27:55
21	ELIANDRO STORCH	M35/39	01:28:03	00:21:50	00:02:06	00:38:35	00:02:17	00:23:13
22	JHONATA GALINA	M35/39	01:29:10	00:19:13	00:01:16	00:38:17	00:01:36	00:28:47
23	RAFAEL FULGENCIO GONCALVES	M35/39	01:29:15	00:20:24	00:02:23	00:36:32	00:03:07	00:26:47
24	VICTOR MAGALHAES CURTY	M35/39	01:29:52	00:21:09	00:01:51	00:39:01	00:01:45	00:26:05
25	MARCOS FLAVIO ANDRADE	M35/39	01:30:12	00:20:52	00:01:58	00:39:28	00:02:48	00:25:04
26	LORRAN SIQUEIRA MATIAS	M35/39	01:30:34	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
27	DOUGLAS HENRIQUE DE ALMEIDA BORGES	M35/39	01:30:37	00:20:38	00:02:37	00:40:42	00:02:13	00:24:24
28	VINICIUS TESSARO SCETTINO	M35/39	01:30:39	00:16:40	00:01:27	00:41:39	00:02:36	00:28:15
29	GUILHERME GATTI CUZZUOL	M35/39	01:30:45	00:14:14	00:02:05	00:43:31	00:03:22	00:27:31
30	SIDNEY MARTON IRACI SILVA	M35/39	01:30:48	00:19:39	00:01:49	00:38:58	00:08:33	00:21:47
31	KLEBER LUIZ AZEVEDO FERREIRA	M35/39	01:30:51	00:17:36	00:01:42	00:40:35	00:02:41	00:28:15
32	FRANCIS AZEVEDO DE BARROS	M35/39	01:30:55	00:16:27	00:01:43	00:43:35	00:02:03	00:27:05
33	VINICIUS PAULINO SANT ANA	M35/39	01:31:50	00:17:45	00:01:42	00:43:46	00:02:07	00:26:28
34	ANDERSON CORREIA FERREIRA MIRANDA	M35/39	01:32:13	00:24:29	00:02:04	00:42:15	00:01:12	00:22:11
35	KALEB DE OLIVEIRA COELHO	M35/39	01:32:47	00:16:31	00:05:01	00:41:00	00:04:04	00:26:08
36	JOSIAS DOS SANTOS PAPA	M35/39	01:32:47	00:18:58	00:02:39	00:41:00	00:04:00	00:26:09
37	VITOR FERREIRA LAVOR	M35/39	01:33:08	00:21:30	00:01:34	00:41:44	00:02:25	00:25:53
38	BRUNO HENRIQUE SILVA E SILVA	M35/39	01:33:39	00:21:53	00:01:09	00:39:47	00:01:52	00:28:56
39	TARCISO DUARTE MAIA JUNIOR	M35/39	01:34:50	00:18:42	00:00:00	00:00:00	00:00:00	00:00:00
40	ANDRE LUCAS PEZZIN VICENTINI	M35/39	01:36:21	00:20:05	00:02:51	00:44:41	00:03:15	00:25:28
41	GUILHERME CASTRO DE BONE	M35/39	01:36:56	00:19:33	00:03:07	00:41:30	00:03:06	00:29:38
42	LUIZ FERNANDO SIQUEIRA RIBEIRO DE OLIVEIRA	M35/39	01:37:11	00:18:55	00:02:12	00:45:29	00:02:26	00:28:07
43	GUSTAVO GATTI CUZZUOL	M35/39	01:39:03	00:19:53	00:02:12	00:41:52	00:02:37	00:32:27
44	THIAGO PRALON NASCIMENTO	M35/39	01:40:21	00:24:02	00:01:30	00:45:36	00:02:12	00:26:59
45	FABIO BRAZ DE AZEVEDO FILHO	M35/39	01:41:24	00:19:52	00:02:14	00:45:40	00:03:27	00:30:08
46	GERBSON TEIXEIRA SALES	M35/39	01:41:47	00:18:51	00:01:33	00:47:47	00:02:47	00:30:46
47	LUCAS GUIMARAES	M35/39	01:42:09	00:19:08	00:01:49	00:54:03	00:03:13	00:23:54
48	GABRIEL DE SOUZA PAULI	M35/39	01:42:18	00:17:48	00:02:54	00:46:11	00:02:10	00:33:13
49	KALIL MOLINARI SILVA	M35/39	01:42:56	00:30:25	00:05:15	00:39:14	00:04:17	00:23:44

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
50	PEDRO GERMANO ARAUJO	M35/39	01:43:46	00:18:38	00:03:23	00:44:30	00:02:52	00:34:21
51	CAIO PIN	M35/39	01:47:59	00:24:13	00:05:55	00:46:35	00:02:53	00:28:21
52	MARCO TULLIO SCHEPIERSKI JORIO	M35/39	01:51:17	00:22:01	00:02:31	00:48:55	00:02:53	00:34:55
53	FLORIS UYTENHOVE	M35/39	01:57:07	00:24:50	00:05:10	00:53:00	00:02:01	00:32:04
54	RAPHAEL PINTO NUNES	M35/39	01:58:23	00:17:39	00:05:02	00:52:10	00:03:49	00:39:41
55	JULIO RAMINHO	M35/39	02:01:00	00:24:03	00:02:56	00:55:42	00:03:02	00:35:16
56	LEONARDO LEVI CORREA DE ALMEIDA	M35/39	02:07:24	00:27:07	00:05:15	00:51:21	00:06:01	00:37:38
57	RICARDO OTTO LYRA FERNANDES	M35/39	02:10:29	00:17:50	00:04:46	00:54:22	00:03:31	00:49:59
58	FELIPE SILVA FAGUNDES	M35/39	02:55:42	00:32:32	00:04:27	01:17:06	00:05:13	00:56:22

M40/44

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MARCIO MOURA SILVA	M40/44	01:07:40	00:11:39	00:00:59	00:33:58	00:01:05	00:19:57
2	ALBERTO DO NASCIMENTO NETO	M40/44	01:08:57	00:12:48	00:00:59	00:32:53	00:01:22	00:20:53
3	WAGNER LEAL LOPES	M40/44	01:11:38	00:12:14	00:01:18	00:33:09	00:01:16	00:23:39
4	LEONARDO PENNAFORT	M40/44	01:12:11	00:13:30	00:01:04	00:34:16	00:01:19	00:22:00
5	RAFAEL RAMOS BERNARDO	M40/44	01:14:26	00:13:52	00:01:00	00:34:21	00:02:04	00:23:08
6	RAPHAEL COSER	M40/44	01:16:16	00:14:53	00:01:22	00:35:12	00:01:21	00:23:26
7	FELIPE RODRIGUES NASCIMENTO	M40/44	01:18:16	00:17:46	00:01:14	00:37:11	00:01:34	00:20:28
8	RAVEL QUEIROZ DA VEIGA E SOUSA	M40/44	01:18:31	00:16:30	00:01:44	00:36:23	00:02:00	00:21:54
9	LEANDRO BATISTI DE FARIA	M40/44	01:18:47	00:13:26	00:01:16	00:36:42	00:01:32	00:25:49
10	TIAGO EMERICH	M40/44	01:19:38	00:18:20	00:01:59	00:34:43	00:02:11	00:22:23
11	BERNARDO COELHO	M40/44	01:19:46	00:13:19	00:02:18	00:36:45	00:01:46	00:25:35
12	FLAVIO ANDRADE DE OLIVEIRA	M40/44	01:20:34	00:14:28	00:01:17	00:36:35	00:01:41	00:26:30
13	RENAN RIBEIRO GUZZO	M40/44	01:21:23	00:14:12	00:01:12	00:38:18	00:01:41	00:25:57
14	BRENO PROSCHOLDT ALMEIDA	M40/44	01:21:53	00:18:11	00:01:21	00:37:08	00:01:37	00:23:34
15	PEDRO HENRIQUE GALVAO BARELLI	M40/44	01:22:20	00:13:42	00:02:06	00:39:39	00:02:15	00:24:36
16	MAXMILIANO DE ALMEIDA SILVA	M40/44	01:23:45	00:18:07	00:01:18	00:35:13	00:02:11	00:26:54
17	EMANOEL MISSAGIA SERRAO FILHO	M40/44	01:25:13	00:14:34	00:01:13	00:39:10	00:01:54	00:28:21
18	RICARDO JOSE CALEGARIO ZAGO	M40/44	01:25:38	00:18:30	00:01:58	00:37:40	00:03:01	00:24:28
19	CARLOS EDUARDO CASTRO	M40/44	01:26:00	00:16:52	00:03:03	00:39:22	00:01:52	00:24:48
20	DIEGO ROCHA	M40/44	01:26:16	00:17:55	00:01:20	00:36:59	00:01:59	00:28:01
21	THIAGO GOMES BONOMO	M40/44	01:26:41	00:16:47	00:01:40	00:38:47	00:02:05	00:27:20
22	FELIPE ROGERIO CARLETTE	M40/44	01:27:45	00:17:52	00:01:30	00:41:26	00:02:00	00:24:55
23	CAIO SALLES BELCHIOR	M40/44	01:27:51	00:19:27	00:01:20	00:40:22	00:01:44	00:24:56
24	ANDRE SILOTTI SIMER	M40/44	01:28:00	00:17:56	00:01:17	00:42:34	00:01:36	00:24:36
25	MARIO SERGIO LAZARONI VALLI	M40/44	01:28:09	00:16:32	00:02:20	00:40:39	00:02:08	00:26:28
26	FERNANDO OLIVEIRA NUNES	M40/44	01:28:21	00:17:10	00:01:41	00:44:04	00:01:57	00:23:27
27	ANDRE RIBEIRO DA SILVA	M40/44	01:28:27	00:20:59	00:01:41	00:38:02	00:01:41	00:26:00
28	VICTOR HUGO MORAIS DE OLIVEIRA FREIRE	M40/44	01:29:27	00:19:45	00:02:45	00:38:02	00:02:52	00:26:00
29	TIAGO FERNANDES	M40/44	01:30:50	00:18:36	00:01:28	00:38:53	00:02:16	00:29:35
30	FERNANDO LIMA	M40/44	01:31:23	00:18:13	00:01:47	00:40:36	00:02:32	00:28:13
31	RAFAEL JOSE B MACIEL	M40/44	01:31:30	00:18:40	00:01:28	00:42:06	00:02:20	00:26:54
32	VINICIUS FERREIRA RAMOS	M40/44	01:31:32	00:19:04	00:02:51	00:41:31	00:02:26	00:25:37

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
33	ADENILTON MOTA RAMPINELLI	M40/44	01:31:44	00:16:59	00:01:06	00:43:45	00:01:54	00:27:57
34	THIAGO SIMONASSI NARCISO	M40/44	01:31:46	00:18:48	00:02:05	00:46:09	00:01:46	00:22:55
35	THIAGO SOUZA DE CASTRO	M40/44	01:31:49	00:22:13	00:04:37	00:38:19	00:03:13	00:23:24
36	FABIO HENRIQUES MIGUEL COELHO	M40/44	01:32:22	00:17:56	00:01:49	00:41:17	00:02:12	00:29:05
37	MARCELO BASTIANELLO VELOSO	M40/44	01:32:50	00:19:26	00:01:28	00:42:05	00:01:42	00:28:07
38	MICHEL RENE DE PAULA	M40/44	01:33:09	00:20:03	00:03:06	00:43:57	00:02:10	00:23:51
39	JORGE FERNANDO SERPA FERREIRA JUNIOR	M40/44	01:33:40	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
40	WATSON RODRIGUES SARANDY	M40/44	01:34:46	00:19:47	00:01:58	00:41:46	00:01:53	00:29:20
41	ANDRE ANTONIO LISBOA DA COSTA E SILVA	M40/44	01:35:51	00:21:53	00:02:16	00:41:52	00:02:50	00:26:58
42	FELIPE DA SILVA MEDEIROS	M40/44	01:36:15	00:19:00	00:02:31	00:39:42	00:03:04	00:31:56
43	DELSON PEIXOTO JUNIOR	M40/44	01:36:20	00:22:40	00:01:28	00:42:27	00:03:12	00:26:31
44	RENAN ALMEIDA SANTOS	M40/44	01:36:41	00:15:50	00:02:19	00:45:26	00:03:01	00:30:04
45	ANDRE LUIZ DE ALMEIDA	M40/44	01:36:43	00:32:05	00:02:50	00:35:09	00:02:25	00:24:11
46	GABRIEL FERREIRA SOARES	M40/44	01:38:28	00:21:20	00:01:29	00:40:02	00:02:11	00:33:25
47	ERNANDES BELTRAME PEREIRA	M40/44	01:39:18	00:21:17	00:02:30	00:41:48	00:03:32	00:30:09
48	WANDERSON BELTRAME	M40/44	01:39:18	00:21:16	00:02:25	00:40:02	00:05:24	00:30:09
49	GEOVANI DE JESUS OLIVEIRA	M40/44	01:41:15	00:16:56	00:02:32	00:43:46	00:04:28	00:33:30
50	RAFAEL AMADO SILVA	M40/44	01:42:16	00:19:50	00:01:36	00:46:38	00:01:54	00:32:15
51	FELIPE CYPRIANO DOS SANTOS	M40/44	01:42:28	00:22:34	00:03:01	00:45:41	00:03:01	00:28:09
52	DANIEL ALMEIDA DE SOUZA	M40/44	01:42:34	00:22:30	00:05:10	00:43:14	00:03:40	00:27:57
53	THIAGO LISBOA DE JESUS TAVEIRA	M40/44	01:45:20	00:18:05	00:02:15	00:43:57	00:03:25	00:37:37
54	THIAGO PEREIRA MALAQUIAS	M40/44	01:45:41	00:20:27	00:02:12	00:44:22	00:02:55	00:35:44
55	MARCOS DORNELAS FREITAS MACHADO E SILVA	M40/44	01:45:54	00:18:34	00:03:23	00:50:05	00:02:27	00:31:23
56	JESUS MARTINS GODOY SOBRINHO	M40/44	01:46:36	00:24:30	00:03:38	00:44:30	00:03:20	00:30:36
57	DANIEL CARDOSO ESPINDOLA	M40/44	01:48:12	00:23:42	00:01:11	00:48:56	00:02:07	00:32:14
58	NELSON ANDRE SANTOS	M40/44	01:49:02	00:27:40	00:01:27	00:46:03	00:03:47	00:30:03
59	DOUGLAS CARDOSO FERREIRA	M40/44	01:49:03	00:31:59	00:03:24	00:43:21	00:03:01	00:27:16
60	THIAGO PIMENTEL	M40/44	01:50:58	00:24:07	00:03:27	00:51:20	00:02:42	00:29:20
61	LUIZ AUGUSTO AMARAL MELO NUNES	M40/44	01:53:04	00:19:54	00:03:48	00:48:32	00:02:49	00:38:00
62	JOÃO ALBERTO MAIA LINHARES	M40/44	01:56:19	00:19:52	00:03:21	00:51:41	00:02:44	00:38:38
63	ALEXANDRE BICALHO SATLER	M40/44	01:56:44	00:26:45	00:02:50	00:50:02	00:02:57	00:34:10
64	RAFAEL MANJARES LEAO	M40/44	01:57:57	00:26:39	00:04:49	00:50:40	00:04:02	00:31:45
65	DANIEL RODRIGUES NAZARETH	M40/44	01:57:59	00:27:03	00:02:02	00:50:53	00:03:10	00:34:48
66	MARCO ANTONIO LAZARONI VALLI	M40/44	02:03:13	00:22:32	00:04:13	00:52:01	00:03:48	00:40:38
67	MICHEL PESSOA	M40/44	02:05:28	00:38:48	00:04:12	00:48:40	00:03:49	00:29:56
68	THIAGO BRUNO SOUSA	M40/44	02:05:37	00:37:36	00:04:04	00:45:26	00:03:26	00:35:02
69	ANTONIO CARLOS GONCALVES GROSSI JUNIOR	M40/44	02:13:00	00:23:53	00:08:08	00:57:47	00:06:00	00:37:10
70	ANTONIO JOSÉ DAFLAN	M40/44	03:43:38	00:42:01	00:02:38	01:14:49	00:02:30	01:41:37

M45/49

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	CONSTANTEEN HELAL NETO	M45/49	01:09:07	00:11:58	00:00:53	00:33:47	00:01:05	00:21:22
2	OTAVIO CALIMAN DADALTO	M45/49	01:10:09	00:12:22	00:01:04	00:33:17	00:01:30	00:21:54
3	LEONARDO RODRIGUES DA SILVA	M45/49	01:10:21	00:11:13	00:01:04	00:34:22	00:01:07	00:22:33

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
4	ANTONIO SANTOS BRITO BARRETO	M45/49	01:11:58	00:14:09	00:01:06	00:33:56	00:01:16	00:21:29
5	FABIO MARSON	M45/49	01:19:58	00:13:28	00:01:12	00:38:09	00:01:44	00:25:22
6	LEANDRO CHAVES AZEVEDO	M45/49	01:20:26	00:14:01	00:01:49	00:36:17	00:02:19	00:25:57
7	RODRIGO CALEZANI	M45/49	01:20:36	00:15:42	00:01:12	00:37:05	00:01:35	00:25:00
8	ANDERSON ANTONIO MEDEIROS	M45/49	01:21:46	00:16:18	00:01:11	00:38:52	00:01:30	00:23:53
9	CRISTHIANO MARTINS AUTOMARE	M45/49	01:21:55	00:16:07	00:01:57	00:38:07	00:01:44	00:23:59
10	JULIAN MAX SANTOS PEREIRA	M45/49	01:21:57	00:13:57	00:01:56	00:38:50	00:02:01	00:25:11
11	RICARDO SARTORIO RIBEIRO DE SOUZA	M45/49	01:24:08	00:18:18	00:01:11	00:37:50	00:01:24	00:25:22
12	RICHARD SOARES	M45/49	01:24:08	00:13:52	00:01:18	00:39:36	00:01:42	00:27:38
13	MOISES ABREU SILVA	M45/49	01:26:11	00:18:42	00:01:56	00:37:50	00:01:43	00:25:58
14	ALEX SANDRO MERLLO	M45/49	01:26:56	00:20:04	00:01:20	00:37:07	00:01:48	00:26:35
15	FABIO V DE GOUVEA	M45/49	01:27:46	00:17:11	00:01:17	00:37:43	00:02:22	00:29:12
16	EDVALDO ROCHA DOS SANTOS	M45/49	01:27:50	00:18:27	00:02:46	00:40:26	00:01:44	00:24:25
17	LEANDRO COSTA LEANDRO	M45/49	01:28:41	00:18:55	00:02:15	00:38:24	00:02:20	00:26:46
18	EDUARDO DA CUNHA ROMANO	M45/49	01:28:48	00:17:49	00:01:17	00:39:19	00:01:41	00:28:41
19	MARCELO SOUZA FASSARELLA	M45/49	01:29:42	00:22:11	00:02:20	00:40:55	00:01:23	00:22:51
20	JACKSON LUIS VERNECK DOS SANTOS	M45/49	01:30:43	00:19:56	00:02:28	00:39:26	00:02:42	00:26:10
21	LEONARDO RODRIGUES SANTOS	M45/49	01:31:49	00:19:31	00:01:11	00:42:18	00:01:27	00:27:20
22	MATHEUS GAVA FERREIRA	M45/49	01:32:18	00:14:56	00:01:32	00:44:13	00:02:10	00:29:25
23	ALEXANDRE GUSTAVO OBERHAUSER	M45/49	01:32:39	00:16:30	00:01:11	00:38:32	00:02:40	00:33:43
24	MARCELO SPAVIER FERREIRA	M45/49	01:35:06	00:15:39	00:02:22	00:43:36	00:03:41	00:29:46
25	LEONARDO ADRELLE ELLER DIAS	M45/49	01:35:59	00:17:11	00:02:51	00:43:31	00:02:03	00:30:21
26	ANDERSON ANTONIO BISPO DE ALMEIDA	M45/49	01:37:46	00:27:47	00:03:33	00:42:09	00:02:04	00:22:11
27	ANDRE DE AZEVEDO RABELO	M45/49	01:37:59	00:19:00	00:02:48	00:42:51	00:03:05	00:30:12
28	JEAN SOUZA LEITE	M45/49	01:38:29	00:22:41	00:02:34	00:38:24	00:03:38	00:31:10
29	LUCIANO JOSE DA SILVA	M45/49	01:38:35	00:22:56	00:03:06	00:38:20	00:03:29	00:30:42
30	JAYME FERNANDES JUNIOR	M45/49	01:38:47	00:18:31	00:02:51	00:43:34	00:01:52	00:31:56
31	GUSTAVO SIPOLATTI	M45/49	01:39:18	00:16:29	00:03:23	00:42:49	00:02:50	00:33:45
32	MARCELLO ANTONIO CHAVES CORREA	M45/49	01:40:50	00:19:33	00:03:15	00:43:45	00:02:07	00:32:08
33	FELIPE FINAMORE SIMONI	M45/49	01:41:04	00:20:16	00:03:42	00:40:41	00:03:57	00:32:26
34	ALFREDO GRIGOREVSKI NETO	M45/49	01:42:01	00:18:41	00:02:48	00:44:55	00:02:48	00:32:47
35	MARCELLO CAPUCHO	M45/49	01:42:38	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
36	WILLY MURI THOMPSON	M45/49	01:42:51	00:17:01	00:02:15	00:42:42	00:02:57	00:37:54
37	RONALDO VALADARES CASTRO	M45/49	01:43:37	00:22:30	00:01:19	00:40:16	00:02:56	00:36:33
38	MARCUS VASCONCELLOS GONCALVES DE JESUS	M45/49	01:45:15	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
39	FABRICIO RESENDE FONSECA	M45/49	01:47:08	00:23:24	00:01:14	00:43:50	00:03:12	00:35:26
40	LUIZ GUSTAVO RIBEIRO SIMOES	M45/49	01:48:08	00:19:03	00:03:08	00:44:51	00:03:35	00:37:29
41	RODRIGO SIMOES VAILLANT	M45/49	01:55:34	00:27:15	00:02:40	00:50:45	00:02:53	00:31:59
42	PABLO LOBATO RAMOS	M45/49	01:55:53	00:19:35	00:03:31	00:51:04	00:02:53	00:38:48
43	NERONI ALVES CORDEIRO JUNIOR	M45/49	02:11:33	00:40:26	00:07:22	00:42:21	00:05:57	00:35:25

M50/54

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ANDRE NEIVA DE LIMA ROCHA	M50/54	01:16:03	00:11:22	00:01:12	00:34:18	00:01:40	00:27:28

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
2	DANIEL CAIADO RIBEIRO DALLA BERNARDINA	M50/54	01:17:40	00:15:37	00:01:25	00:35:39	00:01:49	00:23:08
3	GIULIANO TONIOLI	M50/54	01:20:45	00:18:45	00:01:30	00:34:18	00:01:52	00:24:18
4	FABIO RODRIGO SIQUEIRA BATISTA	M50/54	01:22:52	00:14:07	00:02:24	00:37:34	00:01:50	00:26:56
5	RODRIGO RIBEIRO DE ARAUJO	M50/54	01:23:09	00:15:10	00:01:34	00:37:51	00:01:47	00:26:45
6	MAGNOS MARTINELLO	M50/54	01:26:24	00:13:54	00:01:22	00:38:44	00:04:05	00:28:17
7	HUGO ALDO LEON AVILA	M50/54	01:27:54	00:13:55	00:03:35	00:39:42	00:02:37	00:28:02
8	FERNANDO CARLOS FALCAO DO VALE	M50/54	01:27:54	00:16:26	00:01:06	00:39:38	00:02:39	00:28:03
9	ROBSON FERREIRA DE ALMEIDA	M50/54	01:28:30	00:18:25	00:01:33	00:39:21	00:02:53	00:26:16
10	BRUNO LAMEIRAS DE SOUZA	M50/54	01:29:00	00:15:16	00:03:10	00:43:39	00:01:54	00:24:59
11	GERALDO DA SILVA JUNIOR	M50/54	01:29:17	00:18:30	00:01:36	00:40:24	00:02:39	00:26:06
12	RODRIGO LACERDA	M50/54	01:29:55	00:17:24	00:03:28	00:37:14	00:04:05	00:27:43
13	EDJANIO LEAL TAVARES	M50/54	01:33:12	00:20:05	00:03:03	00:40:33	00:01:51	00:27:39
14	RODRIGO ARCANJO PARUD	M50/54	01:33:48	00:17:44	00:02:23	00:41:47	00:02:06	00:29:46
15	LEANDRO VIEIRA DE LANDA	M50/54	01:35:16	00:18:03	00:02:43	00:43:27	00:02:05	00:28:55
16	RUBEM MATEUS CAMPOS MIRANDA	M50/54	01:36:59	00:15:37	00:02:32	00:47:07	00:02:43	00:28:59
17	ERIMAR TRINDADE AMBROSIO/ RALF SARTORI	M50/54	01:37:24	00:16:49	00:05:26	00:42:37	00:02:55	00:29:35
18	MARCELO GUEDES DE SALLES	M50/54	01:38:39	00:25:12	00:03:10	00:41:37	00:02:02	00:26:37
19	ANDRE RABELLO FERREIRA	M50/54	01:38:43	00:15:24	00:02:32	00:44:15	00:03:30	00:33:00
20	MARLUS MURI THOMPSON	M50/54	01:44:20	00:18:51	00:01:30	00:49:13	00:02:48	00:31:56
21	EMERSON CASTRO	M50/54	01:45:30	00:27:52	00:01:20	00:45:04	00:03:19	00:27:54
22	VASCO ALVES DE OLIVEIRA NETO	M50/54	01:45:39	00:22:06	00:04:56	00:45:31	00:03:35	00:29:30
23	MARIVALDO ROSA BARBOSA	M50/54	01:50:01	00:24:50	00:03:08	00:46:57	00:03:42	00:31:22
24	MARCOS AURELIO LACERDA DA FONSECA	M50/54	01:52:48	00:19:16	00:06:38	00:46:56	00:02:33	00:37:23
25	MARCELO RODRIGUES CRESPO	M50/54	01:59:45	00:20:40	00:04:24	00:53:38	00:03:12	00:37:50
26	MAURICIO CARVALHO XAVIER	M50/54	02:05:26	00:31:47	00:02:43	00:48:44	00:02:47	00:39:23
27	FABIO ADRIANI PEREIRA ROCHA	M50/54	02:11:28	00:22:04	00:03:53	00:55:37	00:02:57	00:46:55

M55/59

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	GERARDO PEREIRA LIMA FILHO	M55/59	01:09:52	00:12:35	00:00:52	00:00:00	00:00:00	00:00:00
2	JOSÉ GILVAN DOS SANTOS	M55/59	01:23:22	00:18:49	00:02:00	00:37:21	00:01:16	00:23:53
3	SERGIO TASCA	M55/59	01:28:35	00:17:36	00:01:39	00:42:19	00:02:18	00:24:42
4	LENILDO LOPES VIEIRA FILHO	M55/59	01:29:54	00:16:52	00:01:20	00:40:31	00:02:14	00:28:54
5	CLAUDIO SIQUEIRA DOS SANTOS	M55/59	01:32:04	00:17:10	00:01:12	00:40:33	00:02:19	00:30:48
6	FABRICIO QUEIROZ	M55/59	01:32:33	00:19:22	00:01:43	00:43:31	00:02:20	00:25:36
7	ALLAN NERY	M55/59	01:33:30	00:17:02	00:01:38	00:41:24	00:02:02	00:31:21
8	JULIO SERGIO ZEFERINO LUCAS	M55/59	01:40:19	00:19:38	00:04:34	00:45:39	00:02:59	00:27:28
9	OSWALDO SILVA JR	M55/59	01:41:35	00:21:43	00:02:24	00:43:48	00:03:08	00:30:31
10	RENATO PAIVA CAMPOS	M55/59	01:57:01	00:23:42	00:04:38	00:49:18	00:03:42	00:35:39
11	MILTON FURTADO	M55/59	01:58:19	00:19:47	00:02:24	00:55:30	00:02:33	00:38:03

M60/64

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	FLAVIO NUNES MATIAS	M60/64	01:22:18	00:15:44	00:01:09	00:36:59	00:01:55	00:26:29

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
2	JOSÉ ROBERTO SERQUEIRA	M60/64	01:26:53	00:17:04	00:02:11	00:39:24	00:02:07	00:26:05
3	EDUARDO FRANCISCO FERNANDES DE MIRANDA	M60/64	01:31:02	00:15:18	00:01:35	00:40:39	00:02:23	00:31:05
4	MAURO SCHNEIDER DUARTE	M60/64	01:37:41	00:16:24	00:01:15	00:47:12	00:03:17	00:29:31
5	ITAMAR DE OLIVEIRA PACHECO FILHO	M60/64	01:48:01	00:17:18	00:03:14	00:47:32	00:03:11	00:36:45
6	JUAN CARLOS MONTELEONE	M60/64	01:49:09	00:23:06	00:02:31	00:48:40	00:02:30	00:32:21
7	GLAUCIO GOMES DA SILVA	M60/64	01:58:45	00:22:47	00:03:51	00:50:48	00:03:13	00:38:03

M65/69

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	HEBERT BENEDITO DE ARAUJO CALDAS	M65/69	01:32:38	00:20:46	00:01:51	00:39:25	00:03:32	00:27:01
2	JOSUE BENVINDO DE SOUZA	M65/69	01:44:16	00:23:03	00:03:09	00:49:01	00:02:47	00:26:14
3	ALBERTO MILED MONTEIRO	M65/69	01:44:37	00:19:36	00:02:46	00:48:32	00:02:01	00:31:41

M70/74

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	RICARDO OSCAR PRIORE	M70/74	01:44:07	00:17:23	00:02:55	00:42:52	00:03:17	00:37:38
2	JAIR BARBOSA FILHO	M70/74	02:12:01	00:28:25	00:05:44	00:54:05	00:03:55	00:39:50

M75/79

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	DEOMAR PEREIRA	M75/79	01:55:45	00:19:47	00:03:25	00:50:59	00:07:17	00:34:14

F18/19

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	SOPHIA AGUIAR NICCHIO	F18/19	01:16:57	00:12:28	00:01:07	00:36:58	00:01:13	00:25:09

F20/24

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	CLARA GONCALVES RUSCHI	F20/24	01:24:07	00:14:35	00:01:12	00:38:44	00:01:50	00:27:44
2	VITORIA FAGUNDES MOSCON	F20/24	01:27:47	00:13:06	00:01:45	00:43:04	00:01:42	00:28:08
3	JULIA SOFIA SILVA	F20/24	01:42:04	00:18:21	00:01:44	00:46:27	00:02:42	00:32:47
4	MAYRA LAZARONE BARROS	F20/24	02:11:42	00:22:49	00:02:10	00:53:04	00:02:51	00:50:46
5	LIVIA CORREA DOS SANTOS	F20/24	02:11:50	00:44:32	00:04:16	00:41:45	00:03:55	00:37:20

F25/29

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MARIA CLARA DE ALMEIDA	F25/29	01:12:23	00:11:31	00:01:07	00:36:24	00:01:11	00:22:08
2	MARIA CLARA ASSAD TEIXEIRA VARGAS	F25/29	01:18:20	00:15:46	00:00:55	00:36:03	00:01:26	00:24:09
3	ANDRESSA DOS REIS MIANA	F25/29	01:20:37	00:14:25	00:01:00	00:38:30	00:01:31	00:25:09
4	LARA HEMERLY CINTRA MAGNAGO	F25/29	01:22:58	00:15:43	00:01:33	00:39:50	00:01:47	00:24:03
5	VIVIANNE OTTO DE ALMEIDA	F25/29	01:24:30	00:15:20	00:01:01	00:38:13	00:01:45	00:28:09
6	ISABELLA CABRAL DE SOUZA	F25/29	01:26:06	00:17:54	00:01:31	00:38:30	00:01:47	00:26:21
7	KEICYANE REIS SILVA	F25/29	01:27:21	00:17:10	00:01:03	00:42:28	00:01:52	00:24:46
8	SARAH ABOUL	F25/29	01:34:51	00:16:04	00:02:39	00:43:47	00:02:57	00:29:22
9	LETICIA EMERICK BANDEIRA	F25/29	01:40:08	00:20:14	00:01:42	00:46:53	00:02:54	00:28:24
10	LAURA FERREIRA CEOLIN	F25/29	01:41:51	00:18:50	00:03:09	00:48:14	00:02:47	00:28:49

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
11	HALANA COUTINHO VAZ	F25/29	01:42:04	00:17:19	00:01:02	00:55:09	00:01:18	00:27:15
12	VICTORIA CAROLINE DANIELLI DA SILVA	F25/29	01:45:18	00:20:49	00:02:39	00:47:55	00:03:16	00:30:38
13	MARIA CLARA SILVA VIANA	F25/29	01:58:37	00:21:02	00:03:29	00:56:18	00:02:57	00:34:49
14	KAMILA CARVALHO PEREIRA	F25/29	01:59:34	00:23:06	00:03:19	00:56:03	00:03:22	00:33:43
15	BRENDA DUARTE PENIDO	F25/29	02:03:10	00:21:19	00:04:18	00:57:00	00:02:28	00:38:02

F30/34

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	LETICIA CRISTINA GOMES PARIZZI	F30/34	01:22:31	00:15:50	00:02:05	00:38:31	00:01:45	00:24:19
2	LARISSA BARCELLOS VIANA PEREIRA	F30/34	01:23:14	00:16:02	00:01:10	00:41:53	00:02:04	00:22:03
3	MARIANA CANICALI TOGNERI A PAGANINI	F30/34	01:25:56	00:16:56	00:01:18	00:40:57	00:01:42	00:25:01
4	NAIARA ROCHA	F30/34	01:29:06	00:16:07	00:01:27	00:38:50	00:02:48	00:29:51
5	LIVIA FONTES MACHADO	F30/34	01:29:23	00:16:14	00:02:06	00:40:49	00:01:31	00:28:41
6	HANNA MACIEL LOUBAK	F30/34	01:30:58	00:18:35	00:01:55	00:39:55	00:01:56	00:28:34
7	GABRIELA CARLA SILVA DE SOUZA	F30/34	01:34:01	00:15:46	00:02:01	00:44:37	00:03:06	00:28:29
8	JULIA PITANGUI SILVA	F30/34	01:39:49	00:19:31	00:01:27	00:48:03	00:02:45	00:28:01
9	RAIELE BRANDT RUCKDESCHEL	F30/34	01:42:10	00:28:01	00:02:15	00:41:08	00:02:06	00:28:38
10	SUZIELLEN DAMASCENO AZEVEDO	F30/34	01:47:43	00:22:25	00:01:16	00:50:25	00:02:22	00:31:14
11	DANIELA GOMES DE REZENDE AZEVEDO	F30/34	01:48:42	00:26:07	00:02:38	00:48:20	00:02:24	00:29:11
12	MARIA BEATRIZ SCHOTT	F30/34	01:49:13	00:21:41	00:03:06	00:53:49	00:03:50	00:26:45
13	MARIANE FERRER	F30/34	01:50:29	00:21:13	00:04:11	00:48:48	00:05:12	00:31:02
14	PATRICIA CATARINA FERNANDES NUNES COELHO	F30/34	01:52:27	00:21:14	00:01:56	00:54:37	00:04:24	00:30:15
15	THAIS SANTOS MOREIRA	F30/34	01:53:22	00:23:27	00:02:45	00:52:33	00:03:19	00:31:15
16	PATRICIA GARCIA DE ANDRADE	F30/34	02:00:50	00:31:31	00:02:19	00:52:57	00:05:00	00:29:01
17	CAROLINE FLAUSINO ROCHA PINTO	F30/34	02:04:59	00:23:05	00:04:00	01:00:53	00:06:05	00:30:54
18	TRANKINE RODRIGUES DOS SANTOS	F30/34	02:08:17	00:30:44	00:03:49	00:51:41	00:03:32	00:38:30
19	ANA PAULA DE OLIVEIRA	F30/34	02:11:17	00:30:47	00:03:17	00:59:12	00:02:18	00:35:41
20	GABRIELLY FROMHOLZ SILVA	F30/34	02:13:39	00:29:38	00:02:37	00:52:53	00:05:10	00:43:20
21	LARISSA SILVA DE ANDRADE	F30/34	02:15:44	00:28:55	00:07:36	00:55:48	00:04:31	00:38:52

F35/39

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	MARINA BERTI	F35/39	01:15:01	00:12:11	00:00:59	00:36:25	00:01:15	00:24:09
2	NATHALIA TARDIN	F35/39	01:15:23	00:15:18	00:00:58	00:35:18	00:01:12	00:22:34
3	PAULA MELLO E SILVA RAMOS	F35/39	01:24:43	00:14:24	00:01:40	00:39:45	00:01:49	00:27:03
4	GABRIELLA PANDOLFI	F35/39	01:25:08	00:14:32	00:02:10	00:40:26	00:01:20	00:26:37
5	REBEKA KELLY CALIXTO	F35/39	01:25:41	00:17:48	00:02:52	00:36:53	00:02:32	00:25:35
6	ALANA BINDA SILVA COSTA	F35/39	01:25:54	00:17:29	00:01:05	00:39:20	00:01:34	00:26:25
7	LUNA BARRETO CODECO EDUARDO	F35/39	01:31:00	00:17:31	00:02:21	00:40:31	00:02:59	00:27:37
8	CAROLINY BENETTI COSTA	F35/39	01:32:52	00:20:14	00:01:22	00:43:52	00:02:11	00:25:12
9	LIVIANE DA SILVA XAVIER	F35/39	01:35:38	00:18:37	00:01:49	00:44:10	00:02:13	00:28:47
10	MARIANA LIDIA RODRIGUES TEIXEIRA	F35/39	01:35:45	00:16:33	00:01:39	00:44:56	00:02:44	00:29:51
11	MARINA CAMILO NEGREIROS LYRIO	F35/39	01:35:56	00:16:01	00:01:56	00:44:45	00:03:11	00:30:01
12	FERNANDA SEITH RIBEIRO	F35/39	01:36:13	00:20:51	00:01:27	00:43:03	00:02:33	00:28:16

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
13	DANIELA HEMERLY EMERY CADE	F35/39	01:36:17	00:17:10	00:02:21	00:46:32	00:01:57	00:28:16
14	MARILA BALARINE	F35/39	01:36:30	00:21:25	00:02:20	00:43:25	00:02:34	00:26:45
15	KARINE VIEIRA BALLA	F35/39	01:37:05	00:19:42	00:02:06	00:45:20	00:02:11	00:27:45
16	ISABELLE SCHWAN HONORATO	F35/39	01:37:34	00:18:54	00:02:49	00:46:08	00:02:21	00:27:19
17	LAIS SARMENTO GAMA KOPPE	F35/39	01:38:05	00:17:52	00:01:39	00:46:58	00:01:40	00:29:55
18	POLYANA POLICARPO DA SILVA	F35/39	01:41:25	00:20:15	00:03:12	00:42:10	00:02:58	00:32:47
19	CAMILA NANI DINIZ SILVA	F35/39	01:41:27	00:19:16	00:04:39	00:46:09	00:03:12	00:28:10
20	ANGELICA AMARAL FERNANDES	F35/39	01:41:46	00:27:17	00:02:48	00:43:34	00:02:49	00:25:16
21	POLYANA CARDOSO MOREIRA	F35/39	01:41:56	00:29:28	00:02:40	00:40:38	00:02:07	00:27:00
22	LAURA SILVEIRA VIEIRA SALLES	F35/39	01:44:49	00:16:29	00:01:54	00:50:24	00:02:50	00:33:09
23	SAMILA FERREIRA	F35/39	01:45:33	00:18:40	00:01:58	00:48:14	00:02:52	00:33:48
24	HINGRID XIMENES SILVA	F35/39	01:46:09	00:26:11	00:02:36	00:44:17	00:01:58	00:31:04
25	CATEREN FARIAS FONTOURA	F35/39	01:50:44	00:22:57	00:02:17	00:52:22	00:02:44	00:30:21
26	BIANCA PAES	F35/39	01:51:50	00:19:43	00:02:57	00:53:36	00:02:53	00:32:38
27	JOANIE RIBEIRO GOMES SILOTTI	F35/39	01:57:13	00:23:34	00:03:20	00:58:56	00:02:08	00:29:12
28	ESTHER ANDRADE BRASIL	F35/39	02:00:41	00:21:15	00:03:36	00:55:18	00:04:22	00:36:08
29	THAIS CARDOSO GUERRA	F35/39	02:05:56	00:36:23	00:03:37	00:46:58	00:03:38	00:35:18
30	JULIANA CRISTINA DOS SANTOS DE ANDRADE	F35/39	02:06:24	00:23:50	00:02:25	01:00:01	00:02:01	00:38:05
31	GABRIELA VIANA SOARES	F35/39	02:08:47	00:32:53	00:03:24	00:56:42	00:01:57	00:33:50
32	KEILA FRANCIS SOUSA UZAI	F35/39	02:11:14	00:30:01	00:05:13	00:58:00	00:05:50	00:32:08
33	NAYANA GALAVOTTI DE CARVALHO	F35/39	02:14:52	00:21:37	00:03:28	01:03:33	00:03:24	00:42:49

F40/44

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ISABELA CHEN	F40/44	01:13:07	00:14:24	00:01:02	00:35:10	00:01:13	00:21:16
2	VIVIANE WIGAND GODINHO SADER	F40/44	01:26:10	00:17:45	00:00:59	00:40:09	00:01:25	00:25:51
3	ADRIANA DE JESUS NOTAROBERTO	F40/44	01:27:26	00:17:31	00:01:29	00:39:31	00:02:10	00:26:44
4	CAROLINA LUIZ DE FREITAS	F40/44	01:29:33	00:17:52	00:02:03	00:43:07	00:02:07	00:24:22
5	MARISOL DE CASSIA PEREIRA	F40/44	01:29:51	00:19:00	00:01:07	00:40:10	00:01:43	00:27:49
6	FLAVIA GONFERR	F40/44	01:34:57	00:19:07	00:03:16	00:43:23	00:03:15	00:25:54
7	THUANE ELIZE BATISTA	F40/44	01:35:24	00:18:06	00:01:48	00:44:57	00:02:20	00:28:11
8	CINTHIA DAVID GOMES	F40/44	01:35:28	00:18:09	00:02:44	00:44:33	00:02:49	00:27:10
9	PAOLA DE OLIVEIRA MENDES	F40/44	01:35:48	00:17:15	00:01:55	00:44:53	00:02:58	00:28:45
10	MARCIELI FERNANDA MIGUEL	F40/44	01:36:46	00:20:52	00:01:19	00:45:29	00:02:07	00:26:57
11	ADA ROMANEL	F40/44	01:37:01	00:22:31	00:01:30	00:44:42	00:02:50	00:25:26
12	LUANA MORELLATO	F40/44	01:37:37	00:16:17	00:01:48	00:49:00	00:02:05	00:28:25
13	JULYANNA CRUZ FRANCA	F40/44	01:39:58	00:19:21	00:01:30	00:48:15	00:02:50	00:28:01
14	DEBORAH ROMANO BERNARDES	F40/44	01:40:50	00:20:27	00:02:20	00:43:45	00:05:21	00:28:56
15	ERICA KANDA BOECHEM	F40/44	01:43:21	00:26:31	00:02:33	00:39:08	00:02:28	00:32:39
16	JULIANA ASSIS DE ARAUJO	F40/44	01:43:53	00:19:19	00:02:58	00:49:42	00:01:57	00:29:55
17	NIVIA DE SOUSA PEREIRA	F40/44	01:44:41	00:22:20	00:02:03	00:46:53	00:01:57	00:31:24
18	ELCI PRISCILA DE JESUS BICALHO	F40/44	01:46:28	00:21:53	00:03:24	00:47:51	00:02:31	00:30:47
19	ROBERTA BERTOANI FIENI	F40/44	01:49:07	00:17:24	00:01:51	00:59:46	00:02:20	00:27:44
20	ALICE DE ALMEIDA TEIXEIRA THOME SARDINHA	F40/44	01:50:13	00:22:48	00:03:47	00:49:38	00:02:03	00:31:55

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
21	LIVIA NONATO	F40/44	02:03:41	00:20:46	00:05:58	00:59:03	00:05:03	00:32:49
22	TAINA BONFIM PEREIRA GUSMÃO	F40/44	02:13:00	00:23:58	00:03:02	01:00:28	00:03:36	00:41:55
23	ALLANA SOUSA PINHEIRO MUNIZ	F40/44	02:21:01	00:39:17	00:05:12	00:58:18	00:02:40	00:35:33

F45/49

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	LILA TAVARES	F45/49	01:16:31	00:11:34	00:01:00	00:36:30	00:01:17	00:26:08
2	JULIANA DE FREITAS CORDEIRO CUSTODIO	F45/49	01:29:26	00:17:45	00:02:18	00:00:00	00:00:00	00:00:00
3	BARBARA MONTEIRO SOFIA	F45/49	01:32:56	00:16:59	00:02:08	00:42:02	00:02:39	00:29:06
4	SIBIAKAREN RIBEIRO BOZETTI	F45/49	01:35:19	00:22:21	00:01:12	00:40:13	00:03:35	00:27:56
5	DANIELLE DIAS VILELA LIMA	F45/49	01:39:51	00:19:22	00:04:00	00:45:21	00:02:56	00:28:10
6	CAROLINNE GOES TAVARES	F45/49	01:47:01	00:20:16	00:02:23	00:48:37	00:02:40	00:33:02
7	RENATA ZAGO SOEIRO	F45/49	01:47:11	00:18:24	00:03:25	00:53:46	00:02:12	00:29:22
8	RENATA KAROLYNE BRASIL FRANCA	F45/49	02:00:19	00:27:46	00:05:06	00:50:22	00:02:48	00:34:16
9	MARCELA CASTRO LAGE	F45/49	02:01:32	00:35:56	00:01:28	00:53:49	00:02:19	00:27:58
10	TATIANA RODRIGUES DA SILVA	F45/49	02:03:46	00:22:46	00:04:33	00:58:34	00:02:48	00:35:02
11	ELAINA TOSTES	F45/49	02:03:53	00:20:16	00:04:08	00:54:26	00:02:41	00:42:19
12	FLORINDA ANTUNES ASSAD VAILLANT	F45/49	02:05:32	00:28:03	00:02:36	00:54:36	00:02:28	00:37:45
13	BIANCA OLIVEIRA PASSOS ROCHA	F45/49	02:07:28	00:26:15	00:03:52	00:59:30	00:02:39	00:35:10
14	NARA CAROLINA MATEUS RABELLO BARBOSA	F45/49	02:08:01	00:48:07	00:04:53	00:41:55	00:03:41	00:29:24

F50/54

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	DANIELA ABADE	F50/54	01:22:46	00:15:13	00:01:21	00:37:47	00:01:54	00:26:29
2	BRUNELA VIEIRA DE VINCENZI	F50/54	01:37:17	00:19:21	00:02:06	00:41:37	00:02:01	00:32:10
3	IVANA CARVALHO SILVA ARAUJO MAGALHAES	F50/54	01:39:23	00:20:27	00:01:20	00:44:06	00:02:41	00:30:47
4	WANIA LUCIA DA SILVA MARTINS AUTOMARE	F50/54	01:39:39	00:20:12	00:02:24	00:43:22	00:02:19	00:31:20
5	CRISTINA FRACALLOSSI BARBIERI	F50/54	01:43:13	00:19:18	00:02:24	00:47:15	00:02:29	00:31:44
6	VALQUIRIA GOMES SANTANA AREAS	F50/54	01:46:26	00:20:56	00:03:53	00:46:32	00:04:24	00:30:38
7	CARLA TAIZA PEREIRA	F50/54	01:55:39	00:22:47	00:02:14	00:54:08	00:02:24	00:34:04
8	MONICA BERMUDES MEDINA PRETTI	F50/54	02:02:37	00:22:52	00:04:27	00:56:36	00:03:58	00:34:42
9	SHEILA ESPICALSKY	F50/54	02:04:01	00:24:24	00:01:13	00:55:39	00:03:51	00:38:52
10	GISELE REGINA HWANG	F50/54	02:08:21	00:21:41	00:04:05	00:55:11	00:03:42	00:43:41
11	LUCITANE NEIVA GOMES	F50/54	02:13:45	00:29:14	00:05:03	00:58:32	00:04:02	00:36:53
12	EVANIA BEATRIZ DE SOUZA CABRAL	F50/54	02:28:32	00:48:08	00:05:54	00:54:25	00:04:57	00:35:06

F55/59

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	SILVANA THEBALDI	F55/59	01:26:15	00:17:42	00:01:17	00:38:50	00:01:38	00:26:46
2	ELAINE SILVEIRA DO NASCIMENTO	F55/59	01:42:07	00:18:06	00:03:39	00:45:14	00:02:52	00:32:14
3	CANDICE ALTINO PERES MACHADO	F55/59	02:04:58	00:18:33	00:02:17	01:11:32	00:02:51	00:29:44

F60/64

POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
1	ZILEIDE BARROS TORRES	F60/64	01:52:25	00:22:36	00:03:16	00:49:58	00:03:22	00:33:11

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POS	Atleta	Categoria	Total	Natação	T1	Ciclismo	T2	Corrida
2	REGINA CARDOSO MORANDI	F60/64	01:59:53	00:23:31	00:01:38	00:52:53	00:03:33	00:38:17
3	SARA SOARES MARQUES	F60/64	02:16:53	00:23:46	00:03:15	01:00:37	00:02:45	00:46:28

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